

Mountaineer

Vol. 59, No. 18

Published in the interest of the 7th Infantry Division and the Fort Carson, Colo., community

May 4, 2001



Energy Conservation

Fact of the week:

A setting of 74 degrees instead of 68 degrees can cut air conditioning costs more than 30 percent. Increasing the setting to 78 degrees will save about 50 percent.

Tip of the week:

Don't place lamps or heat sources near your thermostat because it will sense the heat produced and cause the air conditioner to run longer than necessary.

Sports Special



Golf facility offers improvements .
See Page 26 and 27.

Feature



Infantry soldiers prove they're the best at their job during the Expert Infantry Badge testing.
See Page 16 and 17.

Happenings



Military Appreciation Month is observed in May at Royal Gorge Bridge, when soldiers and families get in for half price.
See Page B-1.

Post Weather hotline:
526-0096

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Engineers plant tree for Arbor Day

by Patrick McCusker
Directorate of Environmental Compliance and Management
Agronomy Branch chief

The Directorate of Environmental Compliance and Management assisted the 52nd Engineer Battalion with a tree planting at the motor pool parking lot April 25, as part of a commemoration of Earth Day 2001. This event also commemorated the fact Fort Carson has been recognized by the National Arbor Day Foundation as a "Tree City USA" for the 14th consecutive year. This recognition is the result of the installation's efforts to maintain and beautify the post's urban forests with an ongoing tree program

Arbor Day will be observed May 11. DECAM encourages all members of the Fort Carson community to recognize Arbor Day by planting trees, or helping to beautify the installation. Military and civilian personnel who wish to plant trees must first contact the post Agronomist at 526-1696, who will provide guidance about to proper planting techniques and recommend tree species which are best suited for this area and climate.

Arbor Day was first observed in Nebraska in 1872. The holiday was the



Photo by Spc. Jon Christoffersen

Earth movers platoon, A Company, 52nd Engineers, did their part Arbor Day by planting a tree in memory of Spc. Joseph Kennedy, a former platoon member.

result of J. Sterling Morton's proposal to the Nebraska State Board of Agriculture to pass a resolution to have a day in April "set apart and consecrated for tree planting ..." The idea has spread to every state in the nation and to other countries around the world. But not every state in the nation cel-

brates Arbor Day in April. In Florida, the holiday is observed the third Friday in January. In Alaska, Arbor Day is in May; in South Carolina, December, and in Hawaii it's celebrated in November. The dates vary because of the climate and season best suited for planting trees.

Army Ball scheduled

by Spc. Jon Christoffersen
Mountaineer staff

June 14 is when the Army celebrates its birthday and June 23 is the day when Fort Carson will hold a ball in honor of 226 years of Army history.

The event is scheduled for 5:30 p.m. at the Sheraton Hotel, 2886 S. Circle Drive and the price of tickets for the ball is \$22 per person.

According to Steve JoHansen Directorate of Community Activities/Marketing, the attire for the ball is military formal, Class A or Dress Blues with bow tie/Mess Dress and civilian formal attire for spouses. He added that May 11 is the deadline for buying tickets, so if someone is planning to attend, they need to buy tickets soon. The price of the ticket gives everyone the option of focaccia encrusted breast of chicken, London broil, or pasta with grilled vegetables in marinara sauce for their main course. The dinner includes salad, vegetables with the main course, rolls and butter, and, coffee and iced tea.

All Army personnel are invited and encouraged to attend and participate in the celebration of America's Army, said Sergeant Major of the Army, Jack L. Tilley during his recent visit to the Mountain Post.

For more information on the ball, contact Steve JoHansen at 526-3161.

Soldier's idea wins \$5,000

by Spc. Stacy Harris
Mountaineer staff

Do you have an idea that may make Fort Carson a better or more efficient post? If so, you could be eligible for a cash bonus, just like a soldier from the 64th Forward Support Battalion.

Staff Sgt. Robert J. Soden was awarded \$5,000 by Maj. Gen. Edward Soriano, Fort Carson and 7th Infantry Division commanding general, during a ceremony April 23, for a suggestion which will enhance fuel-level accuracy in Army helicopters.

Soden submitted the suggestion to the Army Ideas for Excellence Program April 13, 1998, with the thought that a gauge device for a helicopter's external fuel tank would save money and lessen fuel waste. After an evaluation of the idea, Forces Command recommended that Soden be awarded \$5,000, with the possibility of not only helping Fort Carson and the Army, but also going Department of Defense wide, said Debbi Parks,

chief of manpower and management. The Army aircraft that will mainly be affected include the AH-64 Apache and the UH-60 Black Hawk helicopters.

Soden said he came up with the idea, "because it's a safety factor. If there is more fuel in one external tank compared to the other, it can cause the aircraft to get out of balance and crash."

The idea was thought of when Soden was stationed in Germany as a fuel handler for a unit using attack helicopters. His mission was to refuel the tanks in the helicopters before various missions, but without being able to gauge the amount left in the tanks, the petroleum supply specialists would have to knock on the outside of the tank to assess the amount of fuel inside.

"The problems became so great, I was determined to make it more efficient," he said. "I knew that this was

See Idea, Page 3

Commander's Corner

Fort Carson honors military spouses



Soriano

“Nowadays, we don’t expect spouses to be on the battlefield, but the job on the home front is equally as important.”

Next Friday is Military Spouse Day. It is our opportunity as soldiers to say “thank you” to all those wives and husbands who have helped support us in our career choice. Fort Carson, Peterson and Schriever Air Force Bases, the Air Force Academy and the Southeast Colorado Springs Armed Forces YMCA are sponsoring “Vanity Fair” Tuesday from 10 a.m. to 2 p.m. at the Hillside Community Center, for all military spouses in the area as part of this celebration.

A military spouse doesn’t have an easy lifestyle. It means moving an entire household every couple of years. It means separations from loved ones for long periods of time and in some cases, being both father and mother to the rest of the family. It can mean putting a career on hold. It can also be very rewarding.

Military spouses, traditionally, have done a lot to

support our soldiers. If we go back to the times of the Revolutionary and Civil Wars, spouses like Molly Pitcher were working side-by-side with their husband soldiers. Nowadays, we don’t expect spouses to be on the battlefield, but the job on the home front is equally as important.

Because transient jobs are often hard to find, military spouses make up the majority of our volunteers on post. They volunteer with Army Community Service programs, with community activity programs and the American Red Cross. Without their support, many of these programs would disappear.

Spouses also help look out for one another. Family Support Groups are there when soldiers deploy for the more experienced spouses to help the younger ones work their way through the bureaucracy of forms and procedures. In times of actual combat, the members of FSGs are the shoulders to cry on and the ones to share moments of joy. Military spouses become that family away from home.

Despite the stresses associated with separation, there are many benefits to being a military spouse and it can be very rewarding in other facets. In what other job can you travel the world with your spouse and family? There are opportunities to go to Europe, visit the Far East, or live in any of our great 50 states. What other job provides the kind of support one gets from programs like Army Community Service? What other job would make sure, no matter where you are in the world, that a little bit of America is not too far away?

I would like to take this opportunity to thank the thousands of our military spouses who have stood by the soldiers of the Mountain Post. You are an inspiration to all of us and the underpinning of all our successes both professionally and personally.

Mission first ... people always ... one team.
Bayonet!

Major Gen. Edward Soriano
Commanding General
7th Infantry Division and Fort Carson

Vanity Fair

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Vanity Fair
Tuesday
10 a.m. to 2 p.m.
Hillside Community Center
925 S. Institute St.,
corner of Fountain and Institute

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Call 526-4590 for information and to let the sponsors know how many people will be attending. Small children are welcome to accompany parents.

Volunteer in the Spotlight

Volunteer spends time teaching children about safety, abuse

by Gwendolyn Ragle
Installation Volunteer Coordinator

Andrea Payne volunteers her free time to support several organizations on post. She has been volunteering in the Fort Carson community since her arrival in December 1999.

Payne is married to Sgt. 1st Class Michael Payne, 360th Transportation Company, 68th Combat Support Battalion, 43d Area Support Group. They have four children.

Payne likes to read and enjoys outdoor activities with her family. Each member of her family has a hunting license and they enjoy hunting and learning about the outdoors. It’s a form of relaxation for her and special time with her family.

Together the family enjoys camp-

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Payne says she volunteers, “Because I’m committed to keeping my family together, it’s a great way to support my husband, and I feel it’s very helpful to other families just starting out if I can reach out to them and reassure them in knowing that I have had the same experiences.”

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Chief, Command Communications:

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Spc. Stacy Harris

Happenings:

Nel Lampe

Sports Writer:

Walt Johnson

Staff writer:

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Shel Calhoun

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experience of attorneys. Of the 88 active duty offices that provided legal assistance during 2000, 38 were awarded the Chief of Staff Award for Excellence in Legal Assistance.

The 2000 Army Chief of Staff Award for Excellence in Legal Assistance is a credit to the personnel of the Fort Carson Legal Assistance Office who work so diligently to assist their clients.

From the Fort Carson Legal Assistance office.

Vehicle Registration offers several locations

The Fort Carson Provost Marshal Office, Vehicle Registration Section, will continue to bring registration services to the Fort Carson military community. An additional registration location will be at Evans Army Community Hospital.

The locations are set up in the lobby of the Fort Carson Post Exchange, the entrance of the commissary and adjacent to the pharmacy located within the hospital on the following days and times:

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Wednesdays — Evans Army Hospital — 10 a.m. to 2 p.m.

Thursdays — Commissary — 10 a.m. to 2 p.m.
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In order to register your vehicle you must show: valid identification card, valid state operator’s permit, proof of insurance, Colorado emission sticker, valid Vehicle registrations, and proof of motorcycle safety course completion, if applicable.

The Main Vehicle Registration Office, located in the Welcome Center, will continue normal operating hours except Thursdays. Thursdays will be for In and Out processing Only from 1 p.m. to 3 p.m. No other vehicle registration will be conducted on Thursdays -- No exceptions will be made.

Fines double in school zones

by Spc. John Rose
148th Military Police Detachment,
Traffic Accident Investigations

As members of the Fort Carson community, we are all aware of the importance of safety while driving, particularly in residential areas and near schools. Whether on the M-16 range or driving our vehicles, safety should be a governing factor in our thoughts and actions. As a result of a newly enacted Colorado State Statute, fines for all traffic violations can be doubled in designated school zones.

The statute states “any person who commits a moving violation in a school zone is subject to increased fines and surcharges.”

To this end, “Fines Doubled in School Zones” signs will be posted in all Fort Carson school zones and strictly enforced by Military Police.



Photo by Nel Lampe

Learning about horses ...

Silke Wolf, standing at left, a wrangler at Turkey Creek Recreation Area, brought along pieces of riding equipment used for horses at the ranch. Wolf later read a book about horses to children ages 3 to 6, who attended Wednesday's story hour at Grant Library. Nadine Salmons, by Wolf, is in charge of the children's programs at the library.

Idea

From Page 1

the answer to all the problems -- gauge the tanks before starting any new missions."

To solve the problem, Soden invented a gauge stick that could measure the amount of fuel without having to turn on the aircraft. At that point Soden already had eight years of experience as a fuel handler.

"There is a way to tell the fuel level from inside," Soden said, "but, the petroleum supply specialist can't go turn (the helicopter) on to see what's needed for the mission."

The gauge stick measures in increments of 25 gallons, starting at 75 and measuring up to 225 gallons in each tank. One side is used for the UH-60 Black Hawk and the other side can be used for the AH-64 Apache helicopter. According to Soden's suggestion form, he stated that his idea would benefit the Army because it would stop fuel waste, help with mission effectiveness, save manpower and hours, and help with safety of the mission.

Prior to Soden's invention, Pat Barnes, program manager, said the Army, "wasted a lot of fuel because

they didn't know how much fuel was left in the helicopter."

Soden's suggestion, as well as those of other soldiers and Fort Carson civilian employees, are evaluated as part of the Army Ideas for Excellence program. This program helps foster initiative in soldiers as a means to maximize the resources available to the Army. The amount of money awarded to participants is determined on a case-by-case basis, Parks said.

In Soden's case, he received a \$5,000 bonus, which he said gave him "sort of a sense of gratification."

"In the Army, we do so much on a daily basis without getting recognized. That's our job. In everything we do every day, people see ways in their job to make it more efficient, which helps them and the Army," he said. "And of course the money is nice, too."

Soden said he already has plans on how to spend the money.

"My hobby is golf, so I just want a few golf clubs to add to my set, buy something special for my wife, Tammy, and the rest will be used to pay off some debts," he said.

Both Parks and Barnes said they believe this

program is an excellent opportunity for soldiers to improve the quality of life in the Army.

"The soldiers like to know that they are making a difference and that somebody is listening to their ideas," Parks said.

In order to improve the quality of life on Fort Carson and Army-wide, Barnes said a soldier needs to know, "they can change things if they put in a suggestion."

"(The idea) can be the littlest suggestion," Parks said. "It (the suggestion) can be anything from improving the process you use at work (or) anything to make Fort Carson more cost effective."

Parks said the idea doesn't necessarily have to be something to save the post money, but could also be something that makes Fort Carson more efficient or helps to improve quality of life.

"If the suggestion is adopted, then they (participants) receive a cash award," she said.

Also, soldiers who participate in the program will receive the program incentive gift, whether their idea is adopted or not, Parks said.

In order to submit an idea, call Debbie Parks at 526-1858 or Pat Barnes at 526-8512.

Commander's Corner

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Soriano

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Silke Wolf, standing at left, a wrangler at Turkey Creek Recreation Area, brought along pieces of riding equipment used for horses at the ranch. Wolf later read a book about horses to children ages 3 to 6, who attended Wednesday's story hour at Grant Library. Nadine Salmons, by Wolf, is in charge of the children's programs at the library.

Idea

From Page 1

the answer to all the problems -- gauge the tanks before starting any new missions."

To solve the problem, Soden invented a gauge stick that could measure the amount of fuel without having to turn on the aircraft. At that point Soden already had eight years of experience as a fuel handler.

"There is a way to tell the fuel level from inside," Soden said, "but, the petroleum supply specialist can't go turn (the helicopter) on to see what's needed for the mission."

The gauge stick measures in increments of 25 gallons, starting at 75 and measuring up to 225 gallons in each tank. One side is used for the UH-60 Black Hawk and the other side can be used for the AH-64 Apache helicopter. According to Soden's suggestion form, he stated that his idea would benefit the Army because it would stop fuel waste, help with mission effectiveness, save manpower and hours, and help with safety of the mission.

Prior to Soden's invention, Pat Barnes, program manager, said the Army, "wasted a lot of fuel because

they didn't know how much fuel was left in the helicopter."

Soden's suggestion, as well as those of other soldiers and Fort Carson civilian employees, are evaluated as part of the Army Ideas for Excellence program. This program helps foster initiative in soldiers as a means to maximize the resources available to the Army. The amount of money awarded to participants is determined on a case-by-case basis, Parks said.

In Soden's case, he received a \$5,000 bonus, which he said gave him "sort of a sense of gratification."

"In the Army, we do so much on a daily basis without getting recognized. That's our job. In everything we do every day, people see ways in their job to make it more efficient, which helps them and the Army," he said. "And of course the money is nice, too."

Soden said he already has plans on how to spend the money.

"My hobby is golf, so I just want a few golf clubs to add to my set, buy something special for my wife, Tammy, and the rest will be used to pay off some debts," he said.

Both Parks and Barnes said they believe this

program is an excellent opportunity for soldiers to improve the quality of life in the Army.

"The soldiers like to know that they are making a difference and that somebody is listening to their ideas," Parks said.

In order to improve the quality of life on Fort Carson and Army-wide, Barnes said a soldier needs to know, "they can change things if they put in a suggestion."

"(The idea) can be the littlest suggestion," Parks said. "It (the suggestion) can be anything from improving the process you use at work (or) anything to make Fort Carson more cost effective."

Parks said the idea doesn't necessarily have to be something to save the post money, but could also be something that makes Fort Carson more efficient or helps to improve quality of life.

"If the suggestion is adopted, then they (participants) receive a cash award," she said.

Also, soldiers who participate in the program will receive the program incentive gift, whether their idea is adopted or not, Parks said.

In order to submit an idea, call Debbie Parks at 526-1858 or Pat Barnes at 526-8512.

Community

Engineers support Habitat for Humanity

by Richard Bridges

Fort Carson Public Affairs Office

Major Joe Tyron, engineer officer with the 2nd Brigade, 91st Division, is usually busy training National Guard and Reserve units, but last Friday, Tyron and several of his soldiers were swinging hammers supporting Habitat for Humanity.

Habitat for Humanity is a national organization that builds housing for low income families across the United States. The organization depends upon volunteers to donate time and in some cases, materials, to help families realize the "American dream."

"We would rather be doing this than just staying in the office. It is rewarding and makes you feel good to go help out," Tyron said.

Robert Hummel, Pikes Peak Regional coordinator with Habitat for Humanity said, "The soldiers are wonderful. We couldn't survive without volunteers and they have contributed so much to our program."

Habitat is building a house for an immigrant Russian family, Mikael and Mariya Savelyev and their two children, Sergei, 9, and Margarita, 6. The Savelyevs must contribute at least 450 hours labor toward the construction of their home, Hummel said. "The homeowners can't just move in. We want their help too. This house will cost about \$80,000 to complete. Habitat for Humanity will hold the mortgage at zero interest rate for the Savelyevs. We must have volunteers to be able to do this."

Habitat for Humanity has built 100,000 homes for low income Americans in the past 24 years and hopes to build another 100,000 in the next six years. Some high profile Americans are helping reach that

goal. "Former presidents (Gerald) Ford and (Jimmy) Carter are on our executive committee and raise money for us. Jack Kemp, who was Senator Bob Dole's running mate a few years back, is raising money to help us reach our goals," Hummel said.

The Fort Carson soldiers are all combat engineers or construction engineers and building houses is just an extension of their job. Tyron said volunteering to build houses is more rewarding than his unit's former volunteer project.

"We used to go up to Rampart Range and clean up the camp grounds. Every time we went there, it was the same amount of trash to pick up ... but in this project, it is rewarding and we are helping people instead of picking up trash," Tyron said.

The new occupants were busily picking up construction debris and swinging hammers as well.

Margarita Savelyev stood in her soon-to-be completed kitchen and said, "This is a wonderful thing the American people are doing. And these soldiers helping us is like a miracle. I can only say 'thank you to America.'"



Photo by Richard Bridges

Staff Sergeant Brian Selck saws wood for the window trim.

Asian/ Pacific Islander Heritage Month celebrated on post

by Sgt. 1st Class Patricia A. McNeil
Installation Equal Opportunity Office

May is Asian/Pacific Islander Heritage Month. In 1978, resolutions drafted by Representatives Norman Y. Mineta and Frank Horton, as well as Senators Spark Matsunaga and Daniel K. Inouye resulted in President Jimmy Carter signing a joint resolution proclaiming the first Asian/Pacific American Heritage Week. Each year, an observance is conducted to recognize the achievements and contributions made by Asian/Pacific Americans and to enhance cross-cultural awareness among all soldiers, civilians' employees and their family members. The 2001 National Theme for Asian/Pacific Heritage Month is "Asian Pacific Americans Emerging Together."

Asian Pacific American is a political appellation that encompasses many ethnic groups with diverse backgrounds, histories, languages and cultures. By definition, the term Asian Pacific American attempt to give expression to cultural, linguistic and ethnic diversity while recognizing common historical experiences in American history. Asian/Pacific American Heritage Month celebrates the collective accomplishments of these heterogeneous communities.

As a category, the U.S. Census Bureau identifies Asian/Pacific Americans in more than 30 ethnic groups from South Asia (India),

Southeast Asia (Vietnam), Central Asia (China), the Pacific Rim (Korea), and the Pacific Basin (Philippines). Hawaii and six island jurisdictions are considered in the Asian/Pacific American category as well. They include: American Samoa, Commonwealth of the Northern Mariana Island, U.S. Territory of Guam, Republic of the Marshall Islands, and the Republic of Palau. Each group is important and is making essential contributions to the diversity of the United States and its military.

Asian Pacific soldiers have served their country from an early point in this nation's history. Below are just a few of the many accomplishments Asian/Pacific Americans have contributed to our great military:

World War II - More than 33,000 Japanese Americans served in the U.S. Armed Forces. The Japanese-American 442nd Regimental Combat Team was the most decorated unit in the United State's military history. Distinguishing themselves in seven major campaigns, the members of the 442nd received more than 18,000 individual decorations.

In 1942, the First Filipino Infantry Regiment and the Second Filipino Infantry Regiment were formed and fought side by side with the rest of the Americans.

Korean-Americans had an invaluable weapon in the war. They knew the Japanese language and were often employed as translators of Japanese

secret documents.

Vietnam - In the Vietnam War, more than 88,118 Asian/Pacific Americans served, demonstrating their patriotism and courage.

The Army Chief of Staff, Gen. Eric K. Shinseki, is the first Asian American to be appointed to that position.

Asian/Pacific Americans have also made significant contributions to many other fields of endeavors. In the field of news and media, Asian/Pacific Americans are represented by Connie Chung (first Asian American to report for a television network), Ann Curry (News Anchor for NBC), Michael Kim (News Anchor for ESPN), Howard G. Chua-Eoan (assistant managing editor for TIME Magazine) and Fred Katayama (News Anchor and correspondent for CNN). In addition to Daniel K. Inouye and Norman Y. Mineta, Daniel K. Akaka, Patsy Mink, Matthew K. Fong, Eni Faleomavaega, Jay Kim, Robert A. Underwood and Gary Locke are all representatives in the field of politics.

Inouye served with the 442nd Combat Team during World War II. He earned the Purple Heart, Distinguished Service Cross, Bronze Star and several other decorations for his courage and duty.

In sports, Asian/Pacific Americans are represented by Michelle Kwan and Kristi Yamaguchi (Olympic figure skaters), Michael Chang (professional tennis player), Tiger Woods (profes-

sional golfer who has 24 Professional Golf Association Tour victories), Junior Seau (professional football player) and Paul Kariya (professional hockey player), who have thrilled sports fans worldwide with their athleticism and skill.

The field of entertainment brings talent from Asian/Pacific Americans such as Tamlyn Tomita, Ming-Na Wen, Amy Hill, George Takei, and many, many more.

While it is not possible to list and cover all of the many significant contributions that Asian/Pacific Americans are making in the world today, the information provided should present a clear sense of the impact of Asian/Pacific Americans on our society.

In order to understand the significant of Asian Pacific American Heritage Month, it is important to understand the unique values, differences and ingredients that Asian/Pacific Americans contribute to our nation's greatness. The Installation Equal Opportunity Office will host an Asian/Pacific Heritage celebration at the Post Physical Fitness Center from May 10, 12:30 to 3 p.m. The celebration will consist of food sampling, cultural displays and entertainment. The event is free of charge and open to all military and civilian employees and their family members.

For more information, call the Equal Opportunity Office at 526-3385.

Community interaction continues with 4th Engineer ‘Dining Out’

**By Capt. Jacqueline Schaffer
Headquarters and Headquarters
Company, 4th Engineer Battalion
(Mech)**

The partnership between the 4th Engineer Battalion and the city of Woodland Park was enhanced recently by a formal dinner hosted by the city. Soldiers and citizens met at the Ute Pass Cultural Center to enjoy the local cuisine and to celebrate 10 years of a great relationship.

The formal dinner, was dubbed a “Dining Out.” Civilian planners asked that the engineer battalion share military protocol with them; engineers wore their dress uniforms, provided a “Mr. Vice,” and participated in the Grog Bowl ceremony.

The partnership is part of the

Adopt-A-Unit program sponsored by the Fort Carson Community Relations Office in order to increase and enhance interaction between units at Fort Carson and Colorado front range communities. The program has existed at Fort Carson since 1975, but it wasn’t until 1991 that the initiative of then Woodland Park mayor Clarke Becker resulted in the adoption of the 4th Engineer Battalion.

Since then the 4th Engineer Battalion has successfully acted as Army ambassadors with Woodland Park through construction projects and community activities.

The engineers have participated in construction of: a community playpark, demolition of an old community center, a school playground, site preparation

for the Ute Pass Cultural Center and landscaping and concrete work for a Woodland Park Habitat for Humanity house.

After the community raises funds to defray the cost of materials. Engineers and community members work hand-in-hand volunteering their time to defray the cost of labor.

Members of the Ute Pass community estimated the volunteer work done by the engineers saved them about \$100,000 in the last decade, and helped to foster good relations between civilians and military personnel.

There are several other events which enhance the relationship. Twice a year, the engineers transport their mobile dining facility to Woodland Park to cook breakfast for the

community on July 4th to celebrate Independence Day and again for Breakfast with Santa. Once a year, the citizens of Woodland Park attend the Engineer Ball and every two years city officials enjoy watching company and battalion change-of-command ceremonies.

Last summer the 4th Engineer Battalion showed off its combat training to the citizens, inviting Woodland Park to attend their Live Fire Exercise. The civilians rode Infantry Fighting Vehicles and Armored Personnel Carriers before digging in for lunch and feasting on a military delicacy -MRE. These community activities give everyone - adults and children - chances to share experiences and make their relationship stronger.

Fort Carson chapel volunteers recognized

Volunteers serve in all facets of the Fort Carson Chaplain program. Of critical importance is the work they do in providing religious support for soldiers and their families in the areas of worship and religious education. Volunteers offer their services in support of youth programs, men and women’s groups and administrative support. Volunteers provide quality customer service to our entire post community.

Fort Carson will honor volunteers of the chap-

lain program and other installation volunteer agencies at a community picnic at Ironhorse Park, June 2, from noon until 3 p.m. Join the Fort Carson Morale Support Program and the community for food, entertainment and fun for children and adults. Child and Youth Services will provide supervised children’s games and activities.

Installation awards for outstanding volunteers will be presented by Maj. Gen. Edward Soriano,

commanding general, 7th Infantry Division and Fort Carson. In case of inclement weather — the Post Physical Fitness Center is the place for this event recognizing Fort Carson volunteers.

Join the Mountain Post Volunteer Team — make a difference in your life and the lives of others. Call the Installation Volunteer Coordinator, 526-4590 for more information about volunteer opportunities.
From the Installation Volunteer Coordinator.

AWANAS Chapman, Stacy Hewitt, Tobran Sweet, Jennifer Conn, Kim Jones, Debbie Wake, Jennifer DiSalvo, Leigh Pacania, Eminah Webb, Susan Harris, Jennifer Rosenberg, Deb Weber, Gaylene Herd, Ann Sibal, Marci Hewitt, Monica Sutherland, Bonnie INSTALLATION CHAPELS Aaron, Joseph Aaron, Piera Aaron, Pierian Acevedo, Denise Acevedo, Nikki Acevedo, Raquel Anderson, Jeremy Anderson, Nicholas Ariaz, Mali Ariaz, Mandy Baldwin, Richard Baldwin, Sandy Ballard, Penny Barahona, Brandon Bazzy, Dan Bell, Arnold Bell, Diamond Bell, Dorothy Bell, Erika Bell, Kerry Bell, Shawnette Berrien, Rudy Berrien, Tyrone Berrios, Ilia Beug, David Beug, Mary Birmingham, Ashley Birmingham, Justin Blue, Francis Blue, Fred Boyer, Cecilia Boyer, Christina Boyer, Joe Bricker, Joy Bridgewater, Jeanette Brown, Alissa Brown, Anita Brown, Brigitte Brown, Charles Brown, Christopher Brown, Jerlene Bryan, Eric Bullard, Penny Bunting, James Bunting, Matthew Burnis, Nicholas Burnwell, Audrey Butler, Tammy Call, Rozanne Callahan, CJ Carlos, Sharon Castellano, Bea Castellano, Chris Castro, Clara Castro, Melvin Centeno, Carlos Chapman, Stacy Chatigny, Mike Chatigny, Phil Christiansen, Keith Chun, Raymond Claiborne, Madeline Clark, Michael Clark, Tammy	Clark, Tiera Clayborne, Madeline Cochran, Colleen Cochran, Vanessa Conn, Kim Coppedge, John Coppedge, Sieasa Crawford, Gregory Cruz, Vidde Crosby, Greg Cruz, Rolando Cruz, Vangie Cruz, Vicky Cuellar, Carl Cunningham, L. Cunutt, Lois Daisog, Anita Daisog, Chris Danhaus, Miryam Davis, Dorothy Davis, Dorothy Davis, Mary Davis, Susan DeJarnette, Frances Deli, Jessica Deli, Renate Deli, Sarah Dennison, Kandance Dennison, Michael Dennison, Shannon Denton, Nicole Diaz, Maria Diaz, Zaid DiSalvo, Leigh Dittnick, Kathy Doefler, Adele Doefler, Deli Dowdy, Quelynn Earle, Ryan Edwards, Anthony Edwards, Bradon Edwards, Jeremy Edwards, Jermaine Edwards, Joshua Edwards, Linda Edwards, Tonie Eichholz, Ginny Ettagonde, Brandon Ettagonde, Kisha Ettagonde, Robert Espinosa, George Espinosa, Eric Espinosa, Jorge Sr. Espinosa, Maritza Espinosa, Erik Espinosa, Jorge Estes, Candy Estrado, Jo Estrado, Lou Evans, Aisha Evans, Crystal Fields, Kyla Fointno, Joyce Fointno, Keisha Fointno, Keith Fragosos, Al Fragosos, Harleigh Frawley, Debbie Frayer, Ramonia Frayre, Lucia Frayre, Ramona Friche, Sharon Fricki, Sharon Gabriel, Cathy Gabriel, Jarred Gabriel, Jeff Gabriel, Jeff Sr. Galina, Mercado Garrett, Sean Gauthier, Ret Gearhart, Jenny Gentilini, Eleanor Gilbert, Glenn	Gilbert, Lee Gonzales, Junita Gonzales, Tomas Gonzalez, Alisa Gonzalez, Jordan Grant, Erika Grant, Karen Graves, Terry Grayer, Nikita Grayer, Sylvia Greenland, Fulvia Greenland, Richard Greenlund, Jean Greenlund, Richard Greif, Donne Greif, Samantha Grief, Dionne Grief, Wade Griffen, Robert Grover, Heather Guest, Herb Gvasdauskas, Peter Gvasdauskas, Susie Gvazdauskas, Laura Gvazdauskas, Paul Hailbronner, Eva Hanskin, Susan Harlan, Gloria Harlan, Toya Harrington, Kate Harrington, Richard Harris, Jennifer Harris, Ratti Harrison, Ken Harrison, Patricia Henry, Lori Herbrandson, Lynette Herbrandson, Nat Herbrandson, Lynetta Herd, Ann Hewitt, Ed Hewitt, Monica Hewitt, Toby Hicks, Terealyn Hills, Wayne Hills, Kelly Hite, Vallie Hollins, Kelli Hollins, Kasia Holt, Wesley Howarth, Maria Howarth, Thomas Sr. Jackson, Clarissa Jacob, Christine Jacob, Jackie Jacob, Wesley Jacobs, Ashtria Jacobs, Bob Jacobs, Clara Jacobs, Fran James, Erica Jigba, Alice Jigba, Kenawa Johnson, Cheryl Johnson, Lila Johnson, Matthew Johnson, Walter Jones, Breona Jones, Damell Jones, Debbie Jones, Ebony Jones, Johnny Jones, Patricia Jones, Shaquita Jones, Sonya Jones, Teri Jones, Tim Kemp, Lisa Kennedy, Grace Kidwell, Helen Kimes, Jasmine Kincaid, Jo Kincaid, Shellie	King, Annette King, Desmond King, Jasmine Kirkland, Lany Kolle, Jennifer Kolle, Stephanie Kruger, Melinda Kwiatkowski, Dee Dee Kwiatkowski, Marli Kwiatkowski, Robert Laub, Maria Laurel, Joey Leach, Dominique Loacholt, Briana Loacholt, Phillip Love, Mary Jo Love, Richard Lowell, Alison Lowe, Hazel Lueck, Brad Lueck, Judy Lueck, Katelyn Martin, Charles Maxwell, Catherine Maxwell, Edgar Maxwell, Michelle Mayes, Asia Mayes, Bernadette Mayes, Neil Mayo, Donna McCarron, Tom McFarland, Anny McFarland, Anny McGuyer, Diane McKee, Aurora McMinn, Bertha McMinn, Jerry McWinter, Barbara McWinter, Toni Meeks, Pamela Mercado, Geovana Mercer, Andy Mercer, Angie Mercer, Stephen Mesta, Carlos Miller, Charles Miller, Pam Miller, Rhonda Mills, Charlotte Mitchel, Chanta Mitchel, Chanti Mitchel, Charles Mitchel, Defetreal Mitchell, James Mitchell, Clark Mitchell, Clyde Mitchell, Doris Mitchell, James Mitchell, Ryan Moeri, Craig Moore, Elijah Moore, Leatha Morris, Grace Morton, Tom Murdie, Bill Murdie, Jack Murdie, Thomas Mundre, Kathleen Murphy, Suga Neath, Ron Negron, Dyanah Nelson, Davyne Netteshein, Dan Nettles, Al Nettles, Alvo Nettles, George Nettles, Grace Nettles, Virginia Nieves, Ashley Norfleet, Bryan Norris, Ginger O'Brien, Ashley O'Brien, Kate	O'Brien, Kelly O'Brien, Michele Oxbrock, Khris Omson, Patty Omson, Tenell Omson, Tyler Orozco, Norma Orozco, Ruben Owens, Heather Pacania, Eminah Parr, Jason Parr, Kathy Parr, Renae Parker, Janice Parker, Terynco Parker, Zira Parry, Stacye Pastran, Cam Paulin, Harmoni Paulin, Sharon Percival, Yvette Penry, Vernon Petros, Tricia Place, Nick Potter, Tracey Prendas, Sonja Ramos, Robert Ramos, Ursula Reed, Angela Reese, Ledger Richardson, Sam Romaneski, Rebecca Rosa, James Rosenberg, Debra Roub, John Rudolph, Kevin Rupert, Eileen Ruppert, Tom Ryan, Maria Saldano, Chris Sampson, Helen SanAugustine, Francis Saunders, Elizabeth Saunders, Janice Saunders, Katherine Saunders, Olivia Scheck, Aleisha Schlotterer, David Schlotterer, Donna Schlotterer, Chrysy Scroggins, Sanbra Segars, Josalyn Segars, Lavander Segars, Lynn Shuga, Clair Shuga, Joe Sibal, Marci Sisenstein, Heidi Sisenstein, John Sisenstein, Tauja Smith, Rhyllis Soley, Bryon Sorensen, Malanie Sorensen, Melany Sosa, Natalie Sparks, George Spencer, John Spencer, Marci Stapleton, Florence Stobbe, Roman Stone, Anthony Stone, Kim Stone, Talecia Strassberg, Mary Jo Sutherland, Bonnie Sweet, Jennifer Tata, Douglas Tata, Frieda Tenell, Christina Tenrell, Dale Tenrell, Rose Ann Tenrell, Tina Tillman, Lakia	Tillman, Lei-Sun Tucker, Chris Tunnell, Kevin Turnbough, Tara Vacik, Patricia Valentine, Desiree Vance, Susie Venegas, John Ventura, James Wehlstrom, Heather Wake, Jennifer Walker, Patricia Wallace, Kathy Walker, Dominique Washington, Ernestine Watkins, Kenneth Watkins, Veronica Webb, Susan Weber, Gaylene Weber, Shannon Webster, Michael Wescott, Owen Whitehead, Kit Wilkes, Cheryl Williams, Delores Williams, Patricia Wilson, Raphael Wittman, Erika Womack, Donna Wright, Mary Yamamoto, Edwina Yamamoto, Rayln Yamamoto, Rayna Yamamoto, Ryan M C C W Aaron, Piera Costra, Clara Doefler, Adele Estes, Candy Gentilini, Eleanor Hailbronner, Eva Kruger, Mindy Maxwell, Catherine Ramos, Ursula Ryan, Maria Sorensen, Melany Vacik, Patricia Wallace, Kathy Whitehead, Kit Wittman, Erika Womack, Donna P W O C Alon, Elizabeth Ballard, Penny Callahan, CJ Campell, Diane Chapman, Joseph Chapman, Stacy Cochran, Colleen Cunutt, Lois DiSalvo, Leigh Gearhart, Jerry Giffith, Ret Hanskin, Susan Harris, Jennifer Harris, Patty Hewitt, Monica Jackson, Clarissa Kincaid, Jo Lawless, Donna Negron, Dyanah Oxbrock, Khris Pacania, Eminah Petros, Tricia Rosenberg, Debra Ruetner, Lynda Sweet, Jennifer Wake, Jennifer Webb, Susan
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Alaskan Adventure to benefit families of fallen soldiers

by Lori A. Carpenter
Tragedy Assistance Program for
Survivors, Media Relations

Washington - Tragedy Assistance Program for Survivors — America’s only nonprofit organization dedicated to families who have lost a loved one in the armed services — held a luncheon Tuesday honoring corporate sponsors and introducing the Armed Forces Eco-Challenge. The challenge, which will benefit those who have lost a loved one in the armed forces, will bring America’s military personnel in an adventure race against the forces of nature. TAPS has asked active and reserve members of the U.S. military to raise funds to assist survivors of fallen American soldiers by participating in this event. The United States has lost more than 3,500 armed forces personnel in tragic accidents during the past two years.

“TAPS is a wonderful story of courage and commitment,” said Bonnie Carroll, founder and president of TAPS and herself a military widow. “When an untimely and tragic event occurs and a service member is lost, the work of TAPS bears quiet testimony that even deep in the pain and tragedy of the loss, members of the military family are ready to step forward to help shoulder the burden and comfort those

who are grieving.”

Lori Zenahlik, a TAPS beneficiary who lost her husband, an 18-year veteran of the National Guard, and her four children when a plane piloted by her husband crashed, was at the luncheon.

“For one year, I searched for a place to fit and there was no place for me,” she said. “Then I walked into TAPS and I recognized the pain in these women’s eyes as the pain I saw in the mirror every day, and I knew my heart had finally found a home.”

The Armed Forces Eco-Challenge is a grueling race that tests the physical limits of our country’s most skilled military men and women. Twenty-six mixed gender teams of four will set out at midnight of Summer Solstice for a three to five day, around-the-clock expedition race on a 250 mile course in Alaska. The winning team will represent the U.S. military as “Team TAPS” at Eco-Challenge: New Zealand in October.

“The spirit of the men who died lives on; they’re warriors,” said United States Marine Corps Capt. Doug Zembiec, captain of Team Recon, which is racing in honor of the victims of a military helicopter crash. “I look at those men I knew who died and know they wouldn’t want us to be slowing down and

moping for them. I can think of no better way to honor them than to run this race.”

Tuesday’s luncheon honored corporate sponsors from the Boeing Company; Ford Motor Co.; GEICO; General Dynamics; Gulfstream Aerospace; Kansas City Southern; USAA Foundation; Rolls-Royce North America; Lockheed Martin; TRW; United Defense; Condor Technology Solutions; Stripes.com; AAI Corporation; Westinghouse; Dairy Farmers of America; Dunn Construction; Hospice Foundation of America; James V. Kimsey Foundation; Air Force Officer Wives Club of Washington; and USPA&IRA. Other honored guests were Zenahlik; Lisa Hennessy, Co-Executive Producer of Eco-Challenge; and Senator Kit Bond (R-Missouri), Honorary Chairman of TAPS.

TAPS offers support to family members and friends of the more than 1,700 Armed Forces members who die each year while serving their country. TAPS administers a variety of free programs, including peer support, crisis intervention, grief counseling and a toll-free crisis and information line.

For information about TAPS, visit www.taps.org. For information on the Armed Forces Eco-Challenge, visit www.armedforceschallenge.com.

Chapel

Jewish Services are coming to Fort Carson. The Jewish Lay Leader from the Peterson Complex has volunteered to lead services here at Fort Carson. Master Sgt. Carl Vetter is an Air Force medical technician stationed at Cheyenne Mountain Air Force Station and is certified as a Lay Leader by the Jewish Community Centers of America. Vetter would like to hear from soldiers who are interested in holding Jewish services on Fort Carson. If enough personnel are interested, he will coordinate with the installation chaplain to begin services in May. He can be contacted by e-mail at carl.vetter@cheyennemountain.af.mil.

Youth of the Chapel — Activities for Protestant and Catholic middle school and high school youth take place each Sunday afternoon at 1:30 p.m. at Soldiers’ Memorial Chapel. Protestant High School activities include Bible studies Sunday, 9:30 a.m. and Tuesday, 6 p.m. at Soldiers’ Memorial Chapel. Catholic youth classes meet at 10:45 a.m. Sunday, Soldiers’ Memorial Chapel.

Grief Recovery Support Group — GriefShare, a grief recovery support group meets Thursdays 6 to 8 p.m. at the Family Readiness Center. GriefShare is a weekly seminar/support group for people who are grieving from the death of someone close to them. For information or registration call Sabine Maresco at 526-6917.

Vacation Bible School 2001 is a polar expedition — Staff positions for youth and adults as cool crew leaders are now available. Be with children, have fun, little daily preparation, learn great music and learn Jesus’ love is cool. To volunteer or ask questions call Dennis Scheck at 526-5625.

Get ready for a polar bear worth of fun — summer vacation bible school Polar Expedition. July 9 to 14 at Soldiers’ Memorial Chapel. All children age 4 through sixth grade are invited to attend.

Protestant Women of the Chapel — bible studies for you. Installation of new board members for 2001-2002 is Tuesday. Summer studies will start June 19. Two video series will be offered: “A Heart Like His” by Beth Moore and Marriage Videos from Gary Smalley. For information contact Patti Harris at 391-2905 or Pat Stone at 576-9242.

Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-5769
Tues-Thurs.	noon	Mass	Soldiers’	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Veterans’	Magrath & Titus	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers’	Nelson & Martinez	Ms. Feldman/526-0478
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
EASTERN ORTHODOX					
Sunday	8 a.m.	Divine Liturgy	Soldiers’	Nelson & Martinez	Chap. Olson/526-5772
CONTEMPORARY CHRISTIAN					
Thursday	7 p.m.	The “ROCK” Service	Spiritual Fitness Center	Barkeley & Ellis	Chap. Thornton/526-1374
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans’	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers’	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers’	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers’	Nelson & Martinez	Ms. Scheck/524-1166
LITURGICAL PROTESTANT					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
2nd and 4th Tuesday	6:30 p.m.		Spiritual Fitness Center	Barkeley & Ellis	Ms. Costantino-Mead/ (303) 428-7703
For additional information, contact the Installation Chaplain’s Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.					

Daily Bible Readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 123 & Hebrews 8-10
Saturday — Psalms 124 & Hebrews 11-13
Sunday — Psalms 125 & James 1-3
Monday — Psalms 126 & James 4-5
Tuesday — Psalms 127 & 1 Peter 1-2
Wednesday — Psalms 128 & 1 Peter 3-5
Thursday — Psalms 129 & 2 Peter

THE ARMY CYCLE OF PRAYER The Army Cycle Of Prayer- Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the Chaplain community and pray for these individuals and organizations. Please pray this week for the following: **Unit:** For the soldiers, families and leaders of the 13th Corps Support Command, headquartered at Fort Hood, Texas. **Army:** For the soldiers, noncommissioned officers and officers of the Engineer Branch, whose regimental home is at Fort Leonard Wood, Mo. **State:** For all soldiers and families from the state of Missouri. Pray also for Governor Bob Holden, the state legislators and municipal officials of the Show-me State. **Nation:** For the many judges of the Circuit Courts in the United States, whose judicial oversight assures that the rule of law guides our nation. **Religious:** For the Roman Catholic Church, its shortage of priests, and for the Army's shortage of Catholic Chaplains. Begin praying this week for Vocation Sabbath, Nov. 16 to 18. Pray that chapel congregants of all faiths will hear and respond to God's call to serve. For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, Visit the cycle's Web site at www.usarmychaplain.com.

Chaplain’s Corner

Take an adventure from your everyday routines

Commentary by Chap. (Maj.) Allen M. Stahl
Garrison chaplain

Where is the adventure in life today? When I was growing up, TV shows were filled with the adventures of Robin Hood, Davey Crockett and even Superman. Many a young child had the dream of adventure of going West like the early pioneers and maybe even becoming a cowboy. I don’t know whether today’s young people think of life in terms of adventure. Most things have become tedious, boring and often routine. There isn’t the spark that ignites our imaginations and gives a zest for living. Or if there is a spark, we can’t seem to find it.

I believe every person has a need for some kind of adventure or daring. Human nature gives us some glimpses of this. Young people are thrilled with speed, whether on a roller coaster or on the road. Sometimes they may dress radically different from others to show their daring. Others may go snow boarding or bungee jumping. Each tries to break out of the prison bars of tediousness of everyday living. Each has a passion for something new and different. The need is to push beyond one’s self to something greater.

I suggest there are two kinds of adventure: quan-

tity adventures and quality adventures. Quantity adventures are the type where one tries to increase one’s rank or position or bank account. Quantity adventures give a sense of excitement for awhile, but never fully satisfy our personality. They add nothing except more of the same: more money, more rank. These pleasures are really outside us and when taken away, our hearts are empty.

Quality adventures are much different. They have something to do with inner self: our body, our heart, our mind and our soul. We know the adventures of pushing our body to the limit in exercise. How strong can we make our bodies. The weight lifter knows the adrenaline rush of striving to reach the max. The student knows the adventure of exploring new ideas and languages, new talents and abilities. When a person has lost a deep love for anything, boredom easily enters life. The heart is made for adventure. The heart has to have a great love and passion for someone or something. When the heart is directed in love outside itself, then the spark of adventure and new discovery takes place. The soul must seek its own adventure and that is into who God is.

These quality adventures take us not only outside of ourselves, but affect our very inner self. Even the

poor and disadvantaged can take this type of adventure. It has a lasting effect upon us. In fact, we can be in the midst of many adventures at the same time. I remember Jesus said on one occasion, “I came not only that you may have life, but life to the fullest.” (John 10:10) He saw the boredom of the Scribes and Pharisees. He saw how these people were yoked under the tediousness of everyday life. To his disciples and those who listened to him, he set them on an adventure of a lifetime. He was concerned with the body, the mind, the heart and the soul.

Reading the adventures of the men and women of the Bible, we come upon people such as Abraham, Moses, Paul, Esther and Ruth, to name but a few. Their stories and lives are more fascinating than fiction novels. If only the reader would put himself or herself into their shoes or sandals. When God entered their lives, excitement entered as well. When God was left out, we find boring and dull lives.

I don’t know if our adventures will ever be of biblical proportions. When we look back on life, a few will make the mark; many won’t. That is ok — I am thankful that my God constantly reminds me not only to live, but to live life to the fullest with zest, with excitement, with adventures.

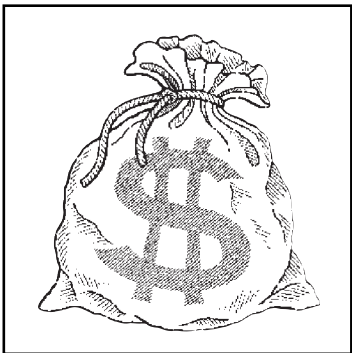
Cribbins Scholarship now open for canidates applications

Association of the United States Army officials recently announced that candidates may apply now for the school year 2001-2002 Cribbins scholarship.

Retired Army Gen. Gordon R. Sullivan, AUSA president, instituted the Joseph P. and Helen T. Cribbins Scholarship in honor of its benefactors in 2000.

The \$2,000 scholarship is awarded to provide financial assistance to current or former soldiers entering an accredited college or university and pursuing a degree in engineering or a related field.

The scholarship will be presented on the basis of academic merit and personal achievement to a soldier serving in the active Army, Army



National Guard or U.S. Army Reserve, or who has been honorably discharged from any component of the total Army.

The first scholarship winner was Spc. Reiko K. Peterson, a then-training medical specialist with the

Michigan Army National Guard, who served on active duty with the 82nd Airborne Division, Fort Bragg, N.C. Peterson is currently attending Eastern Michigan University.

To apply, the applicant must show that he or she has been accepted as a freshman to an accredited four-year college or university.

Those soldiers accepted to a military academy are not eligible.

Applicants must complete the form and return it to AUSA at the address

below no later than Aug. 15, 2001.

Proof of acceptance as a freshman to an accredited four-year college, a transcript of high school (or equivalent) grades and, in the case of a former soldier, a copy of the DD214 must accompany the application.

The scholarship is named for Joseph Cribbins, acknowledged as one of the foremost experts on aviation logistics, who retired from the Army as a civilian employee in 1992.

He had retired from the Army 28 years earlier after serving in the Pentagon as a specialist on tactical air mobility and logistics. He was awarded the Distinguished Service Award by AUSA for his "52 years of outstanding and exceptional service to the United States Army and his lasting contributions to Army aviation."

SOURCE: AUSA News, April 2001

**To apply for the scholarship, write to:
Association of the U.S. Army
Corporate Secretary
Attn: Cribbins Scholarship
2425 Wilson Blvd.
Arlington, VA 22201**

Military

Deployment 'Dog Days' over; time to go to the box

by Staff Sgt. Gary L. Qualls Jr.
Public Affairs Office

FORT IRWIN, Calif. — The medical team non-commissioned officer in charge wiped the sweat from his brow as he stood on his M113 Frontline Ambulance amid the dusty, hot cantonment area known as "The Dust Bowl" and said, "I'll sure be glad when we go in the box."

The sergeant, Sgt. Thomas Mihalko, Headquarters, Headquarters Troop, 2nd Squadron, 3rd Armored Cavalry Regiment, explained the Reception, Staging, Onward, Movement and Integration phase of the National Training Center is tedious because it's the inglorious, "crap detail" part of the deployment.

The RSO & I is the part of the exercise where soldiers must endure constant briefings, make final preparations on skills and equipment and pull often dull details such as guard duty and KP duty -- all in the desert heat. They are the "dog days" of the deployment.

There had been some excitement in the Dust Bowl, however. Some protesters tried to infiltrate the gate, but the perimeter guards were able to turn them away.

What soldiers thought were enemy spies reconning the perimeter were also spotted, causing much

concern in the Dust Bowl.

Private Michael Bulger, an imagery analyst in 66th Military Intelligence Company, 3rd Squadron, 3rd ACR, was the first one to spot the "spies."

"I was in my billets (tent) area when I saw something up in the hills (just east of the cantonment area)," Bulger said. "I thought it was a VDR 60, but it was actually a BMPS. Then I made a spot report on it."

This did cause considerable interest in the Dust Bowl, but probably nobody was more excited than Bulger.

"I was excited--- kind of shocked," he said. "I didn't think we'd see anything for another week."

As it turns out the vehicle, as well as other vehicles spotted during the day, were empty enemy vehicles placed there as decoys.

"It's good that our security awareness is at a high level, though," said Capt. Trevor Hassett, officer in charge of the Dust Bowl's guard force.

More protesters came to the Dust Bowl gates April 24. These protesters were demanding food and water. The guards radioed for an emergency medical crew to assess whether the protesters were in a life-threatening condition and assured them food and



Photo by Staff Sgt. Gary L. Qualls Jr.

Soldiers from the 3rd Armored Cavalry Regiment prepare their vehicle to move to the "box" during their ongoing rotation to the National Training Center, Fort Irwin, Calif.

water was on the way.

Through the tediousness and the early tests, the time draws ever nearer, when the regiment's troopers enter the box -- the battleground where the regiment will have a chance to prove itself against a wily opposition force, 11th Armored Cavalry Regiment. It is in this "Super Bowl of training exercises" where the state of readiness for a regiment that goes back to the mid-1800s will be revealed.

Infantry soldiers conduct static load training at PAFB

Story and photos
by Spc. Jon Christoffersen
Mountaineer staff

The front and back opened up, transforming the aircraft into a large tunnel with enough room to carry a giant payload of tracked vehicles.

From April 23 to April 25, soldiers from 1st Battalion, 12th Infantry, and 1st Battalion, 68th Armor, members of the 3rd Brigade Combat Team, 4th Infantry Division (Mechanized), had the opportunity to conduct static-load training of the brigade's combat vehicles onto an Air Force C-5 aircraft. The training took place at Peterson Air Force Base, and the aircraft came from the 436th Airlift Wing (Air Force Reserve) based out of Dover Air Force Base, Del.

An M1A1 tank, an M2 Bradley Fighting Vehicle, an M978 Hemmit Fueller, an M113 track vehicle, an

M998 Humvee and an M88 Recovery Vehicle were the vehicles loaded onto the aircraft during the three days of training.

According to Capt. Thomas Brennan, 3rd Brigade Combat Team training officer, the intent of the exercise was to train the soldiers in the methods of loading and tying down a heavy vehicle for airlift. Brennan said that loading a vehicle onto an aircraft is much different than what the soldiers may know about loading a vehicle on to a rail car.

"It's a whole different ballgame when you're loading a 70-ton vehicle onto an aircraft," he said. Brennan explained that the process of getting a vehicle cleared by the Air Force for airlift is difficult. "The margin for error involved in airlifting vehicles is much smaller than when you send them via rail, and this is reflected in the Air



An Air Force C-5 aircraft from Dover Air Base, Del., opened the nose of the aircraft to accommodate large vehicles that were loaded during the exercise.

Force's stringent inspection standards."

"Monday we had the pre-Joint Inspection, conducted by the Fort Carson Installation Transportation Office, and then we moved the vehicles to Peterson," Brennan said. "On Tuesday and Wednesday the Air Force conducted the actual JI to make sure the vehicles were safe for flight."

After the vehicles were cleared for flight, the soldiers went to work loading the vehicles.

According to Col. Chris Tucker, commander of the 3rd Brigade Combat Team, the exercise served a couple of purposes for the combat team.

"This gives us the opportunity to exercise our ability to deploy by air," said Tucker. "And second, to improve our overall deployment readiness as we assume DRB (Division Ready Brigade) early next year."

The Division Ready Brigade is a brigade task force consisting of at least

three ground combat maneuver battalions with the ability to deploy within 72 hours of being called up for a contingency. According to Brennan, the purpose of this training was to really get the Immediate Response Company comfortable with what they would have to do if called up.

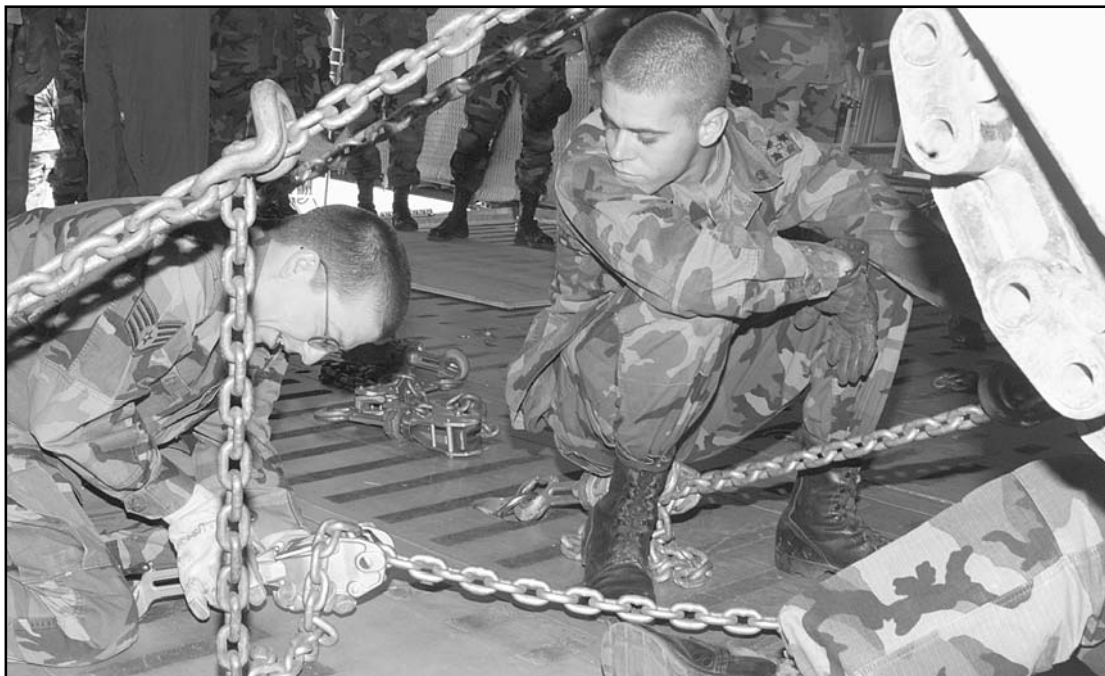
"The IRC would have to be ready, equipment and all, to fly out within 24 hours," Brennan said.

He added that the successful completion was due to the cooperating efforts of many different agencies. Due to weight restrictions on bridges leading to Peterson Air Force Base, the brigade had to take the vehicles through an alternate route.

"We took the vehicles through the south gate of the old Colorado Springs airport," Brennan explained. "They let us take a service road around to Peterson."

Tucker echoed Brennan's thoughts on all the people who were instrumental in making the exercise a success.

"This deployment exercise has been a Mountain Post team effort," Tucker said. "This is an opportunity for Fort Carson to exercise itself as a deployment post."



Air Force personnel assisted Fort Carson soldiers with the tying down of the vehicles during the training event held on Peterson Air Force Base, April 25.

Southern Exposure ...

Special Forces Group soldier explores Antarctica, breaks history

by Spc. Stacy Harris
Mountaineer staff

"The footprints we left will be there for a couple of years and then the wind will blow them away," said Lt. Col. David Alegre, plans officer for 10th Special Forces Group (Airborne).

As a current U.S. arms control treaty inspector and a soldier in a cold-weather oriented unit, Alegre left the United States to explore the furthest south a person could get, Antarctica. His objective was to observe firsthand how the International Antarctic Treaty worked and to do research for his future literature projects.

Through research, Alegre said he became interested in the Antarctic treaty, and in early 2000 he requested permission to participate on an international expedition to Antarctica. Through permissive temporary duty and his own funding, he was able to go to a place where some people may only dream about.

"The trip was my own initiative," he said. "Doing things that were interesting, different or of some significance was why I joined the Army. Some things happened that were planned, some things happened that were not planned, but it was all a part of a unique experience of an Army career."

Alegre joined the U.S. Russian-Australian-New Zealander expedition

conducted by Quark Expeditions of Darien, Conn., by booking a space on the Russian icebreaker, Kapitan Khlenikov, through means of the Internet.

The icebreaker departed Hobart, Australia, Dec. 28, during the Southern Hemisphere's summer. This allowed for easier maritime travel because the ice that encases the Antarctic continent breaks up, he said.

"It took five sailing days ... to reach the continent of Antarctica," he said. "Once I got there I realized there were ways of working and living there that you can't read about."

Prior to arriving on the continent, passengers on the Kapitan Khlebnikov endured wild storms, Alegre said. When the ship reached 40 degrees south latitude, the dangerous storms tilted the ship to a 54-degree angle and covered the deck with sea water. The Russian icebreaker, which was built with a smooth hull for bet-

ter ice penetration, rolled heavily in the world's stormiest seas, the Southern Ocean surrounding Antarctica. Because of the storms, passengers had to take caution when sleeping or walking around to avoid injuries.

"You seat belted or netted yourself in when you went to bed at night," he said.

Thanks to his research, Alegre said he was aware of the dangerous storms he was going to endure and was prepared, but others didn't take to the rocking of the icebreaker as well as he did.

"Seasickness wasn't a problem (for me)," he said, "but for a whole fifth of the crew, it was."

The Russian icebreaker finally arrived at Antarctica in late December, making frequent stops along the coast of Victoria Land, Ross Island and the Ross Ice Shelf, he said.

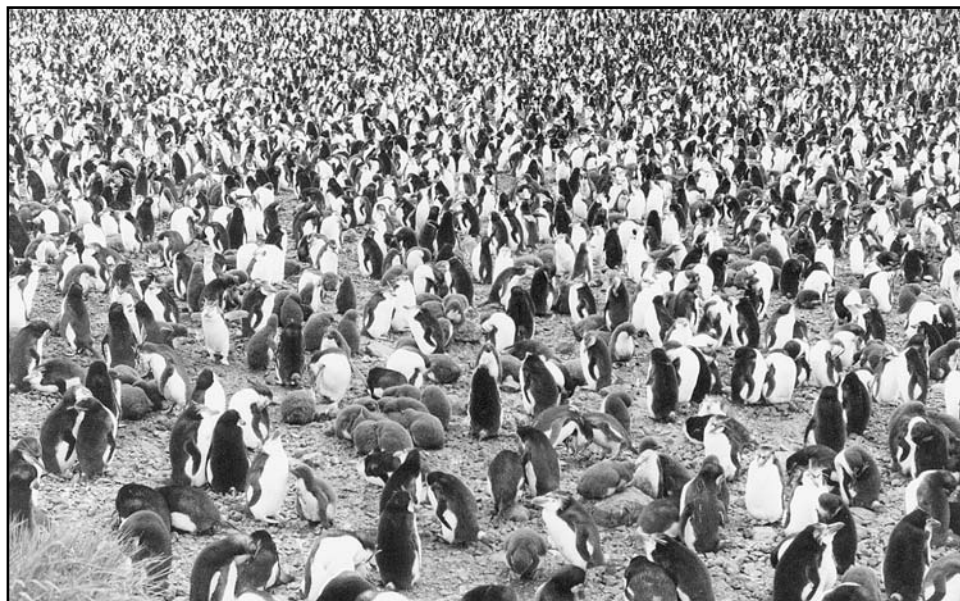
"First you see icebergs one by one," Alegre said, "and then you're encased in ice and the ice-



A Global Positioning System monitor verifies the crew went the furthest south in a surface vessel in world history.



The Dry Valley is so dry, remains of a 3,000 year old seal are preserved there.



During Alegre's trip, he saw a rookery of Royale Penguins on the Subantarctic Macquarie Island.



Photos by Lt. Col David Alegre

The Icebreaker, Kapitan Khlebnikov, docks at Hobart, Tasmania, Australia, before departing to Antarctica.

breaker does its job."

While anchored, participants visited manned stations, historical huts of the early explorers, geographic formations and even several species of Antarctica wildlife, Alegre said.

He explained that Antarctica had been discovered by 1840. Early explorers would build huts with the intent to stay and explore and would sometimes have to endure many hard winters because no ships would return to the area, therefore, when a ship did come, the explorers would pick up and leave everything behind in order to return home, he said. Because of this, all of the early explorers' possessions that were left behind, such as pots, pans, cans of food, pictures and old letters, are still there today.

"It showed me how the early explorers did it those days," he said.

He also got to see firsthand more than 500,000 penguins on the Subantarctic Macquarie Island and the dried-out remains of a 3,000-year-old seal preserved in the Dry Valley of Antarctica. Alegre said that the Dry Valley hasn't received much precipitation in more than 2 million years, and is actually drier than the Sahara Desert.

"It looked like the moon with air — at least that's how I looked at it," he said.

Alegre also got an extra bonus on his trip to Antarctica. He, along with the rest of the expedition crew, made exploration history by traveling the furthest south a person could go by water, he said. The U.S. National Science Foundation requested the Russian icebreaker sail to the Bay of Whales and measure how much of the Ross Ice Shelf had broken off and floated away (calved).

"We observed that there was a record amount of ice calving going on," he said. "When we arrived in January the whole bay was gone."

After confirming that an iceberg the size of New England had calved off since last spring, the crew received a request to explore further. The Kapitan Khlebnikov reached a new surface-seagoing record for the southernmost point on earth in history for a surface ship at latitude 78 degrees 37 minutes south. To celebrate, the crew posted



The trip took place during Antarctica's summer months for easier maritime travel.

their nations; flags and broke out the champagne, he said.

"Of course we accomplished this because the ice shelf had never calved this dramatically in recorded history," Alegre said. "However, until the record is broken again, we of the expedition and crew aboard the Kapitan Khlebnikov have made exploration history."

After the month-long trip, the Russian Icebreaker docked at Bluff, New Zealand, and one special operations forces soldier had time to review his experience.

"The trip was extremely rewarding," he said.

From the trip, Alegre said, he brought back a mixture of knowledge, to include how the altitude effects people differently in the Antarctic compared to the Temperate Zone and how to better train himself in a cold weather environment.

Alegre said he thought the trip was successful because he was able to accomplish a personal and professional goal, but the trip wouldn't have been possible without the support of his chain of command.

"It was a success," he said. "Many times there is no substitute for gaining the ground truth right at the point that it is happening. Many times you just have to go out and see it."

Greenback

Soldiers should know the rules when buying airline tickets

by Cpl. Shelly Peterson, 4th Finance Battalion,
A Detachment, Travel Section Noncommissioned
Officer in Charge

When making travel arrangements for your PCS (Permanent Change of Station) move and you plan to fly, you as the service member are required to use the following method for travel to your new Permanent Duty Station. You must use an in-house travel office at your current post. This would be SATO/Carlson Wagonlit. If no such office is located on your post your PCS orders must state you are authorized to purchase your ticket from a noncontracted carrier.

A noncontracted travel agent or common carrier direct purchase may be used under certain conditions, but use must be authorized/approved by the order-issuing official. A noncontracted agent can be used under unusual circumstances when there is no other alternative, i.e., if located in a foreign country and there is no agent reasonably available and ticketing arrangements cannot be made through a branch office or general agent of an American-flag carrier.

When reimbursement is requested through a nongovernment agent and has been approved the cost of reimbursement will not exceed the government cost for the travel taken from your old duty station directly to your new duty station.

For soldiers arriving at their first PDS and without proper knowledge bought their airline ticket through any one other than the government contracted agent, there is an exception to policy that can be applied for. To apply for this exception to policy, follow these guidelines.

Have your PAC prepare a DA form 4187 stating the following:

“Request I be authorized reimbursement for airline tickets I personally purchased in connection with my PCS from _____ to Fort Carson, Colo.”

Attached is a statement explaining in detail why I purchased my own tickets. A copy of my orders, tickets and the travel itinerary are also attached.

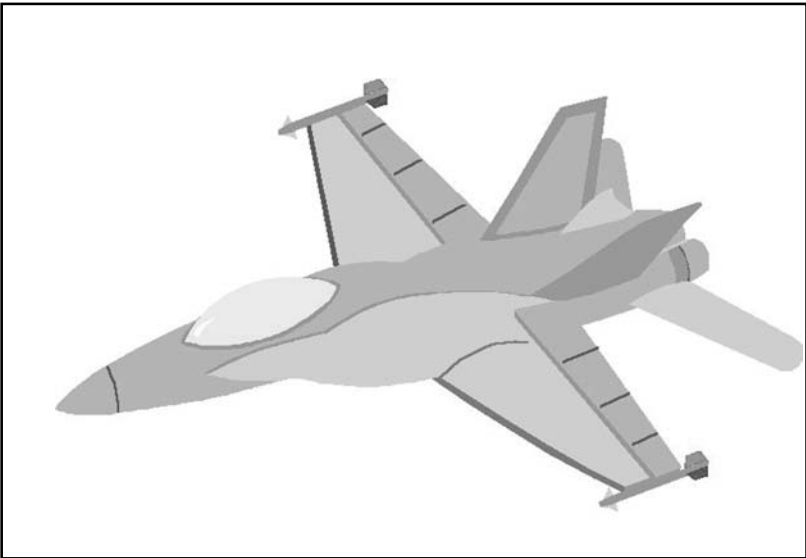
Be very specific in the statement, include the name(s) of the person(s) (drill sergeant, recruiter, platoon leader/sergeant, etc.) that instructed you to purchase your own ticket.

Once all is completed, fax it to Thomas Gray, chief, Transportation Plans and Operations Branch, PERSCOM DCSOPS at one of the following numbers:

(800)903-4241
or
DSN: 221-9779

Authorized travel and transportation allowances are based on the Joint Federal Travel Regulations for uniformed services personnel and their dependents.

When a soldier or civilian employee performs official travel, the government is responsible for transportation and/or per diem allowance.



From Counsel

Fort Carson Tax Center closes after successful season

From the Fort Carson Legal Assistance Office.
The Fort Carson Tax Center closed April 16 for the 2000 income tax season.

Since opening in January, the tax center provided tax assistance to more than 12,000 servicemembers, family members and retirees.


Assistance included the preparation of 7,003 federal returns, 6,598 state returns from 43 different states, as well as supplying forms and general tax advice.

In total, the tax center helped obtain \$6,413,496 in refunds, providing a service to the Mountain Post community worth more than \$708,000.

The dedicated soldiers who staffed the Fort Carson Tax Center were: Capt. Step Nolten, officer in charge, U.S. Army Garrison; Staff Sgt. Bobby Sepulveda, noncommissioned officer in charge, 43rd Armored Support Group; Sgt. Jay Bogle, preparer, 1st Battalion, 12th Infantry Regiment; Sgt. Julie Nelson, preparer, 4th Personnel Support Battalion; Sgt. William McConnell, preparer, 10th Special Forces Group (Airborne); Sgt. Arnel Tadas, preparer,

3 Battalion, 29th Field Artillery; Sgt. James Menzies, preparer, USAG; Sgt. Robert Armstrong, preparer, 1st Battalion 8th Armor; Spc. Jared Anderson, preparer, USAG; Spc. Dean Daugaard, preparer, USAG; Spc. Travis Jones, preparer, 1st Battalion 12th Infantry.; Spc. Nathaniel Bailey, preparer, USAG; Spc. Andrew Bourgeois, preparer, USAG; Pfc. Allison O'Connor, preparer, 4th Finance; Pfc. Camilah Rosensteel, preparer, 64th FSB; Pfc. Nicholas Simeone, preparer, 3rd Armored Cavalry Regiment; and Pfc. Tszho Ng, preparer, 7th

Infantry Division
The tax center will re-open next January. Until then, if you need tax assistance, please contact the Internal Revenue Service at (800)829-1040.

Fort Carson Tax Center
FREE Tax Preparation!!!
Hours of Operation:
M, T, W, F 0900-1830 Phone: 524-1012
Thurs 1300-1830 524-1013
Sat (10 & 24 Feb; 10 & 24 Mar; 14 Apr) 1000-1600
Open from 22 Jan 2001 until 16 April 2001
6264 

M O U N T A I N
L I F E L I N E

Important information about head injury symptoms

by Dr. Donald Daeke
Fort Carson Emergency Medical Service

The best approach to head injuries is to take precautions to prevent them in the first place by driving carefully, wearing seatbelts, and wearing protective headgear when appropriate. The most severe head injuries generally result from automobile and motorcycle accidents. The most serious consequences of a head injury are concussion, intracranial hematoma (bleeding inside the skull), and skull fracture accompanied by injury to the brain, or intercranial bleeding.

Common symptoms include headache, nausea, vomiting (once or twice), and slight dizziness or drowsiness.

Concussion: A hard blow to the head creates a sudden movement of the brain within the skull. The brain has the consistency of unformed jello. It has no internal support structure to stabilize it, like the skeleton does, so any sudden movement causes marked compression and disruption. If a contusion results, the brain is considered to be superficially bruised. This may not result in loss of consciousness. A concussion is more severe swelling and possible bleeding into a portion of the brain. This is usually manifested by a loss of consciousness, loss of memory (amnesia for the event), and dizziness. Vomiting can occur as a result of swelling of the brain from the injury — in this case it is usually persistent, and accompanied by change in alertness and mental acuity. In children, vomiting often occurs from swallowed air that accompanies their crying after the injury, and may not indicate brain injury.

Intracranial hematoma: a blood vessel ruptures between the skull and the brain, and the blood that leaks out forms a hematoma (i.e., blood clot) that puts pressure on the brain tissue. Bleeding can also occur into the substance of the brain from tearing of the capillaries and blood vessels within the brain substance. As the pressure increases, symptoms such as headache, nausea, vomiting, confusion, loss of strength or feeling and changes in pupil size may occur.

Cerebral edema: Swelling of the brain can occur after any head injury, even without a skull fracture,

just from the trauma of the brain being thrown around inside the skull. This can lead to headache, nausea, vomiting, and altered mental status. This may require treatment, if the symptoms are progressive and severe.

Skull fracture: This is a break in the bone that surrounds or protects the brain. It usually results from a head injury. Symptoms of skull fracture include bruising or discoloration behind the ear or around the eyes, blood or clear fluids leaking from the ears or nose, unequal size of pupils, or swelling or depression of the skull. It is not always associated with serious injury to the brain, but certainly raises concern.

Post-traumatic head injury symptoms: Patients can develop changes in subtle brain functions such as memory, personality, and calculation ability after head injuries. In some cases they can develop persistent headaches as well. Since the brain has no internal support structure, and given the fragile nature of the connections between the nerve cells — that together produce thinking ability, and personality — it is crucially important to do everything possible to prevent any injury to the brain. This is the reason that helmets for athletics and motorcycle accidents are so important. Recent research has also shown that frequent repeated head injuries can cause more severe and lasting injury to the brain than isolated injuries.

Self- Care measures:

- Patients who have sustained any sort of head injury will need to be watched carefully for the first 24 to 72 hours after the injury, since this is the period during which symptoms of serious problems occur. In most cases, however, this can be done as safely at home as it can in the hospital. Check the patient every two hours during the first 24 hours, every four hours during the second 24 hours, and every eight hours during the third 24 hours. Look for the following, and call your nurse information service or doctor immediately if you note any of these symptoms:
- Noticeable restlessness, or unusual lack of activity.
- Pupils of unequal size or shape
- Severe headache that continues for longer than four hours after the injury.

- You may be able to decrease swelling from a bump on the head by applying ice to the area. This bump is caused by bleeding under the scalp, and does not indicate or relate to injury inside the skull. The size of the bump is not an indicator of the severity of the injury.

Prevention:

- An alarming number of head injuries occur as a result of motorcycle accidents. It is crucial that riders wear helmets, whether or not state laws require them.
- Bicycle riders, skaters, and those involved in contact sports (especially football and boxing) should wear protective headgear at all times.
- Automobile drivers and passengers should wear seatbelts and shoulder harnesses. Young children should be placed in approved car seats. Never drive while under the influence of alcohol or mind-altering drugs.
- Avoid shaking an infant. Without direct injury to the head, an infant can sustain a severe brain injury. Remember, the brain tissue is delicate and fragile.

Treating your child:

- Children frequently sustain minor head injuries. Watch for the symptoms listed above. As long as the child remains conscious the injury is probably minor. It is not unusual for the child to be irritable and cry after the injury, nor to be tired and fall asleep after a hard crying spell.

It is also common for them to vomit a small amount after hard crying, due to swallowed air while crying. It is OK to let children fall asleep, as long as they are awakened every two hours for a check on their responsiveness.

Excessive sleepiness, or inability to come fully awake is a concern. Persistent vomiting, especially if accompanied by change in mental alertness, is also a problem. When in doubt, consult you doctor, or the emergency room.

Editor's note: This is the first article in a new weekly health column provided by the staff of the Emergency Medical Department of Evans Army Community Hospital. Topics will consist of useful information on frequently encountered health issues.

Soldiers from Fort Carson infantry units test their skills and knowledge to earn the coveted blue badge

by Spc. Jon Christoffersen
Mountaineer staff

Infantry soldiers from 1st Battalion, 8th Infantry met April 24 through 26 to test their skills and knowledge to earn the Expert Infantryman Badge.

The EIB test measures the individual infantry soldier's physical fitness and ability to perform to standards of excellence in a broad spectrum of critical infantry skills.

According to some of the soldiers who went through the physically and mentally straining test procedure, the badge is the peak that infantry soldiers strive for.

"It's all about seeing if you can do it," said Pfc. Damon Manning, Headquarters and Headquarters Company, 1st Battalion, 8th Infantry. "It's a challenge, but if you can get the badge, it shows what you're made of."

The test is designed to make the soldiers prove their skills in a wide variety of areas. The testing started with a physical training test and culminated with a 12-mile road march. After the PT test, the soldiers went to the training site called "EIB Valley," to test on subjects including: moving under direct fire, maintaining and operating a weapon, land navigation and throwing a hand grenade. According to Spc. Sean Post, Company C, 1st Battalion 8th Infantry, the testing was difficult, but it was just another step in a career of doing what he wants.

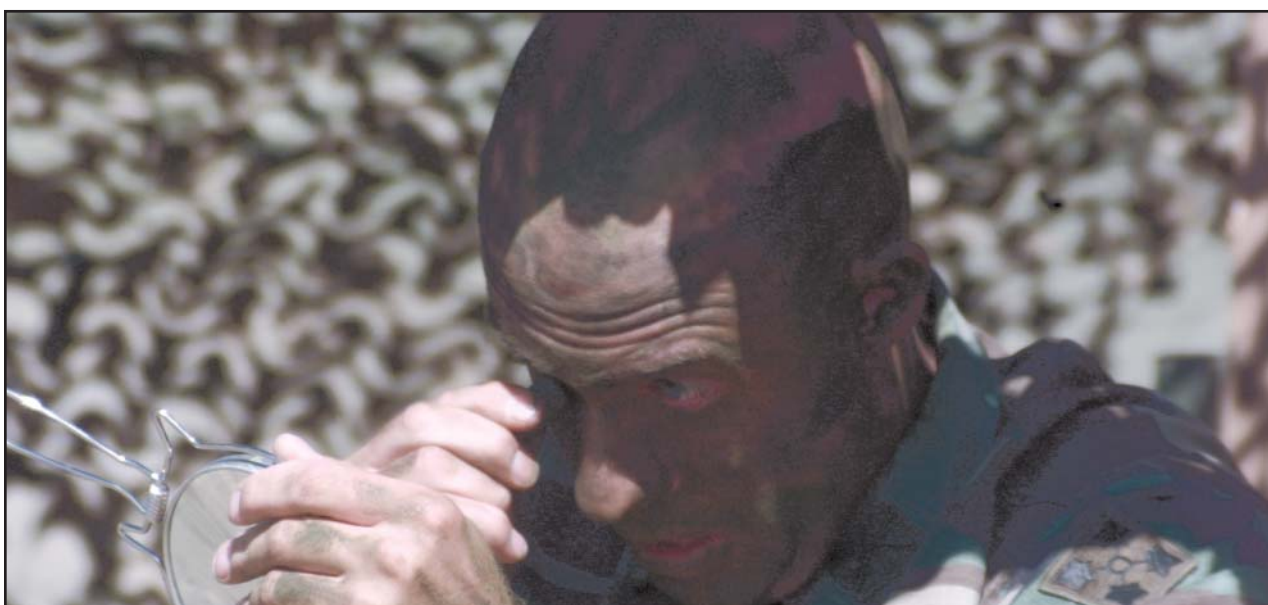
"I knew (infantry) is what I wanted to do. I like playing in the mud," said Post. "EIB means you can go out and prove yourself. People with the EIB try to help and teach those who don't (have it)."

According to Army regulation, the purpose of the EIB is to recognize any outstanding infantry soldier who attains a high degree of professional skill, expertise and excellence, to identify any infantry soldiers who can expertly maintain, operate and employ his weapons and equipment and to enhance individual training programs in infantry units by providing a difficult -- yet attainable-- goal for which any infantry soldier can strive.

Expert Infantry



Private 1st Class Damon Manning, Headquarters and Headquarters Company, 1st Battalion



First Lt. Benjamin Wright, Support Company, 1st Battalion, 8th Infantry, applies camouflage paint to his face during the testing April 24.



Private First Class Jose Astorga, B Company, 1st Battalion, 8th Infantry, checks the head space and timing on a .50-caliber weapon.

Show me the money

Debt: how to tell if you're in trouble

By Sgt. 1st Class Sandra L. Bryant
10th Combat Support Hospital
Command Financial
Noncommissioned officer

We all have some sort of debt; the key is how much and what to do with it. Ignoring your bills is not a good idea. Here are some telltale signs about your financial life.

- **Warning Signs YES**

You pay only the minimum amount on credit cards (Yes/No).

You have reached the limit on your credit cards (Yes/No).

You often pay many of your bills late (Yes/No).

You are receiving calls and letters from creditors about overdue bills (Yes/No).

You skip payments on some bills in

order to pay others (Yes/No).

You have insufficient cash saved for an emergency (Yes/No).

You use credit cards to pay for essentials like food or rent (Yes/No).

You are tapping your savings to pay for current bills (Yes/No).

If more than two of these warning signs hit home with your current financial situation, you may want to take a closer look at your debts; you might have too much.

How much is too much? Begin by figuring out your personal debt-income ratio. Do not include your expenses, such as rent, groceries, auto insurance, child care, etc. First, make a column of your debts, to include your credit cards, student loans, bank loans, etc. Next,

make a column of your income, to include your base pay, allowances, income from child support, etc. Total these two columns and plug the numbers into the following equation:

Total Payments

= Debt-

Income Ratio

After-Tax Income

Beware: Do not use your “net-pay” on your LES as your after-tax income if you have deductions other than taxes or any allotments. Doing so will not give you a true ratio.

For example, if your monthly payments total \$275 and your take home pay is \$1,900, your debt-to-income ratio would be 14 percent, healthy by any standards.

The goal is to maintain a low debt-to-income ratio.

- Less than 15 percent

Your debt situation is fine and you're managing money well

- Between 15 percent and 20 percent

You're headed for trouble. Take steps to prevent debts from accumulating.

- Between 20 percent and 35 percent

You're headed for trouble. Seek help.

- More than 35 percent you need help now.

See your CFNCO for a private consultation and get your finances back in order.

Dining Schedule

Weekday Dining Facilities

A La Carte Facilities

43rd ASG Cheyenne Mountain Inn (building 1040)
3rd BCT Iron Bde. (building 2061)

Standard Facilities

3rd ACR Patton House (building 2161)
10th Special Forces Group (A) (building 7481)

Weekday Meal Hours

Mon., Tue., Wed. and Fri.		Thur.
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch	11:30 a.m. to 1 p.m.	noon to 1:30 p.m.
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.

Week of May 5 to May 11

Exceptions

- Butts Army Airfield Dining Facility is closed until May 15.
- Patton House Dining Facility will not serve dinner or weekend meals from April 23 to May 27.
- 10th SFG (A) meal hours are the same Monday through Friday. No dinner meal on Fridays.
- The CAV House Dining Facility will be closed for repairs until further notice.

Weekend Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd BCT Iron Bde. (building 2061)

Saturday Meal Hours

Breakfast	8 to 10 a.m.
Lunch	11:30 a.m. to 1 p.m.
Dinner	4 to 6 p.m.

Sunday Brunch/Supper
Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3:30 to 6 p.m.

III Corps NCO/Cook of the Year, 2001 Competition

was held April 23 to 25. Food service personnel from several installations were representing the finest of III Corps Food Service Teams. The president of the board, Sgt. Maj. Kevin Brooks said that the questions for the oral board are both military occupational speciality and non-military occupational speciality related; the live cook-off was on the second day. The competition was extremely keen. The winners will receive III Corps Certificates of Achievement, \$200 U.S. Savings bonds, III Corps Commander's coins and gold culinary rings.



NCO of the Year winner:
Staff Sergeant Gwuvania N. Brown,
K Company, 3rd ACR (pictured right).
Runner-up:
Specialist Mindy Ryan,
Headquarters, Headquarters Troop
Support Squadron, 3rd ACR (pictured left).

Sports & Leisure

Battle for post softball title begins

by **Walt Johnson**
Mountaineer staff

The defending champions from Crazy Horse Troop have enjoyed the honor that comes with being the post softball champions, but now they must get ready to beat back the challenge of many other post teams that want to wear the crown this year.

Monday, under a picture-perfect day, the race for the post softball championship began and there was no lack of enthusiasm or confidence among the teams gathered for action.

Everyone had the "we're in first place today and we will be there at the end of the season" mentality. No one conceded the team would n't be good enough to win the title, but all said it will be tough to knock off the defending champion.

Crazy Horse coach Mike Sedillo has been telling anyone who will listen that he thinks Bravo Company, 1st Squadron, 12th Infantry, will be the team to beat this year. Some of that talk could be to deflect attention away from his team and some of the talk could be the realization the Bravo bunch does have a number of outstanding players.

Alex Barkley, 4th Finance coach, said the opening of the season brings his team a chance to see what they have and what they need to compete for a championship. "This is our first time on the field and we are in the process of finding out who plays what position well. We're undefeated right now and we plan on staying that way," Barkley said.

Dragon 1st Squadron, 3rd Armored

Cavalry coach Kurt Mihm said opening day was very important for his team.

"We have to get a win right away. We want to get a win tonight and get the momentum that comes with winning and carry that for the rest of the season. We'll be in the top five teams this year even though I still believe Crazy Horse will be the team to beat," Mihm said.

David Evans, 571st Medevac Air Ambulance, said the beginning of the season is a chance to make up for a slow start in the preseason tournament.

"We didn't do well in the preseason tournament so we can't wait to shine, now that the season is here," Evans said.

Jonathan Meinert, Charlie Company, 1st Squadron, 8th Infantry coach said opening day was very special for his team. "This is the time to see what we have and what everyone else has and go from there. We have a lot of togetherness and a lot of people who know how to play together.

Gary Rigg, K Company, 185th Aviation Regiment, said it felt good to win the team's first game Tuesday night after losing the opener Monday night because they didn't have this opportunity last year at this time.

"We missed our season last year because we were in Bosnia. This season means more to us and we want to come out and do what we do best. We also think it's a good time to have fun with members of the company and build some camaraderie. This is something we like to do together and it feels good to be out here," Rigg said.



Photo by Walt Johnson

Crazy Horse coach Mike Sedillo, front, his team and fans wait for the first game of the year Monday at the Mountain Post Complex.



Headquarters, Headquarters Company 4th Engineers second baseman Jose Mejia gathers in a fly ball Monday.



Steve Anderson, Headquarters, Headquarters Troop, 1st Squadron, 3rd Armored Cavalry Regiment, follows through on a grand-slam home run swing in the fourth inning of his team's game Monday.

On the Bench

National volleyball team beats post players 30-15

by Walt Johnson
Mountaineer staff
Gang, lets get right down to business this week, I have a lot to cover.



Johnson

As I walked into the Post Physical Fitness Center Monday and looked at the U. S. volleyball team warming up, two thoughts came to mind. The volleyball team had some of the tallest athletes this side of a basketball team and did anyone contact the Evans Army Community Hospital to get them ready for potential victims of spikes to the face.

It looked for all the world like the post team, which had two players over six feet tall among the eight players, was going to be destroyed and humiliated by the talented U.S. team.

Before the match, a confident Mountaineer coach Ramon Garcia said, "We think we will do well and we expect to do our best. We've been practicing about a month now and the key to winning for us will be to get good blocks and playing good defense."

The post team did play well on defense and got some good blocks but it wasn't enough to overcome the huge

talent difference as the U.S. volleyballers cruised to a 30-15 win. Congratulations to Sharon Tongol, Joe Domingo, Dan Butterfield, M. Salano, Gilbert Tuiney, Francis Calar, Derrick Mosley and Garcia, for representing the post so well.

Speaking of the U.S. volleyball team, it will be in action June 9 at the World Arena at 7 p.m.

The U.S. team will meet Germany's national team. Tickets are \$6 each, four dollars off the regular price, for seats in the lower bowl area. The U.S. team has scheduled five other nights where military members will receive \$2 discounts. The dates are June 10 against Germany, June 19 and 20 against the Netherlands and June 26 and 27 against Brazil. Tickets can be purchased at King Soopers, the World Arena, Independent Records outlets or on line at www.cnbo.com

The Fort Carson Armed Forces 10-kilometer run will be run May 19 at the Post Physical Fitness Center.

The Fort Carson Sports Morale, Welfare and Recreation office will produce the run.

Trophies will be awarded for the top three men, women and overall finishers in the following categories: one to 14, 15 to 19, 20 to 24, 25 to 29, 30 to-34, 35 to 39, 40 to 44, 45 to 49, 50 to 54, 55 to 59 and 65 to 69. Medals

See Bench, Page 23



Photo by Walt Johnson

Signing up to race ...

Angela Drakeford, seated left, registers her daughter, Dorsena Drakeford, standing third from the left, for the youth center's track team as her daughter, Jessica Drakeford, first from left and her husband Dexter, second from left look on. The youth service's Antoinette Zimmerman, first on the right, and Jeanette Gares were at the post exchange signing up youths for the program. Call 526-1233 for more information.

Bench**From Page 22**

will be awarded to the first, second and third place finishers in each event.

Pre-registration for the race is \$15. On the day of the race the cost will be \$20. Families of three or more can register for \$35.

People interested in registering can do so at the Post Physical Fitness Center, the Runner's Roost at 107 E. Bijou in Colorado Springs, or you can register on line at www.active.com.

For more information call 526-2151.

The first KIDPOWER classes program will be held Monday at the Post Youth Center.

Kathie Rawson, post youth services conditioning coordinator said the youth center is excited about the lessons young people can learn from a valuable program like Kidpower and expects the children to thoroughly enjoy the training.

The cost for the class is \$20 per family. Also, the first TEENPOWER class for young ladies 13 to 18 will be June 22 at the post youth center. For more information on the program, contact Rawson at 526-2680.

Golf fans, circle May 19 on your calendar according to Bill Reed, Post Physical Fitness

Center manager.

Reed said the Fort Carson Golf Club would host a four-person scramble tournament that will be loaded with fun and potentially have cash prizes.

The tournament will feature four special \$10,000 hole-in-one rounds on the par 3. It will also feature special hole prizes and the chance to win a trip.

The tournament will have a shotgun start at 8 a.m. and is open to the military and civilian communities. Reed said the tournament will have a \$10 plus course green fees and a cart is mandatory for all golfers. Prizes will include a ditty bag and lunch. Mulligans will be available at \$5 for three and competition will include the longest drive and the closest to the pin. Trophies will be awarded for the top four teams.

The entry deadline is May 15 so Reed suggest that people get their teams and call 526-1927 to sign up for the tournament.

Thoughts, myths and ideas to ponder!

Are the Los Angeles Lakers that good or the Portland Trail Blazers that bad? Why bother to have the U.S. Open golf tournament if it's not to see who comes in second to Tiger Woods?

Do you really think that the Boston Red Sox are going to be ahead of the New York Yankees in October when it really matters?

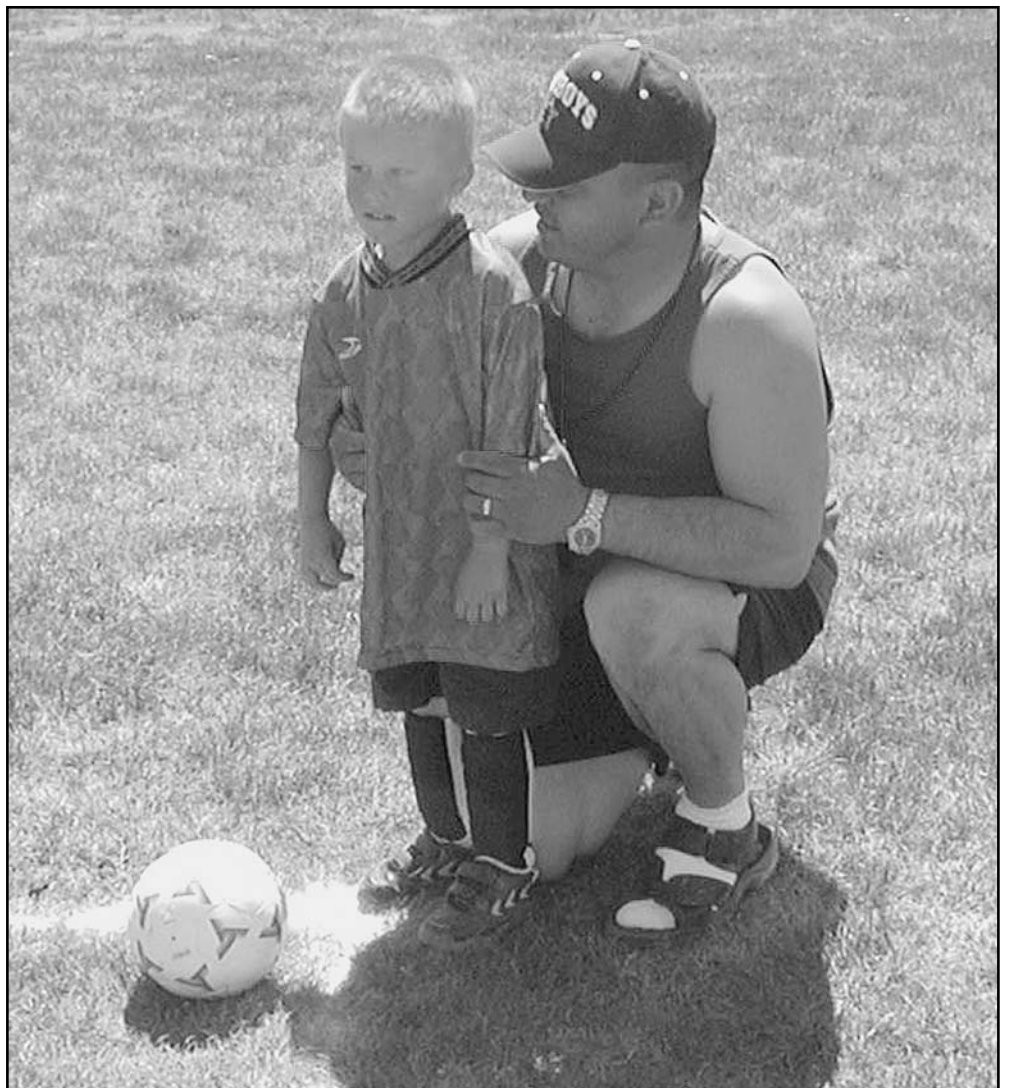


Photo by Walt Johnson

A Cowboy fan doing good things ...

Yes, gang, as hard as it is to believe, Dallas Cowboy fan Adam Salinas, right, helps one of the Fort Carson Tigers learn how to execute a corner kick during Saturday's game at the fields south of the Mountain Post Complex. Games are played every Saturday from 9 a.m. to noon.

All-Army wrestlers gearing up for competition

by Walt Johnson
Mountaineer staff

At the recent U.S. Nationals Wrestling Championships in Las Vegas, Nev., the all-Army team had 16 wrestlers in the competition. The team had a rookie head coach and plenty of reason to feel as though it couldn't pull off a victory. Especially considering this was the first time the armed services would compete individually.

When the competition was over, the Army had won its first ever championship and its rookie coach, Shon Lewis became the only first-year coach to win the national championship.

To say this was a young team in terms of experience would be generous. The group of wrestlers assembled for the event included only four wrestlers who competed on the World Class Athlete Program team last year and 12 newcomers. They had been together for a month practicing for the inter-service competition before heading to Las Vegas for the nationals. And they were coming off a good, but disappointing showing at the inter-service competition where they did not have the services of some key performers.

"We made some adjustments after the interservice competition and we ended up winning the nationals for the first time. We had people coming from the motorpool, their home units and overseas,. and they pulled together as a team I was very proud of them and what they accomplished," Lewis said.

This was the first year the services split up and worked independently. Lewis did not know prior to his arrival that the teams would be going solo but as it turned out, it was beneficial for all the service teams, especially the Army team.

"It was good for us. We have adopted the slogan an "Army of One" during our training camp and our guys really bonded together and everything they did, they did as a team, which was what we stressed from day one. The coaches and I really stressed the tradition of Army wrestling and how we want to be a family again. Together we stood and we won the national championships," Lewis said.

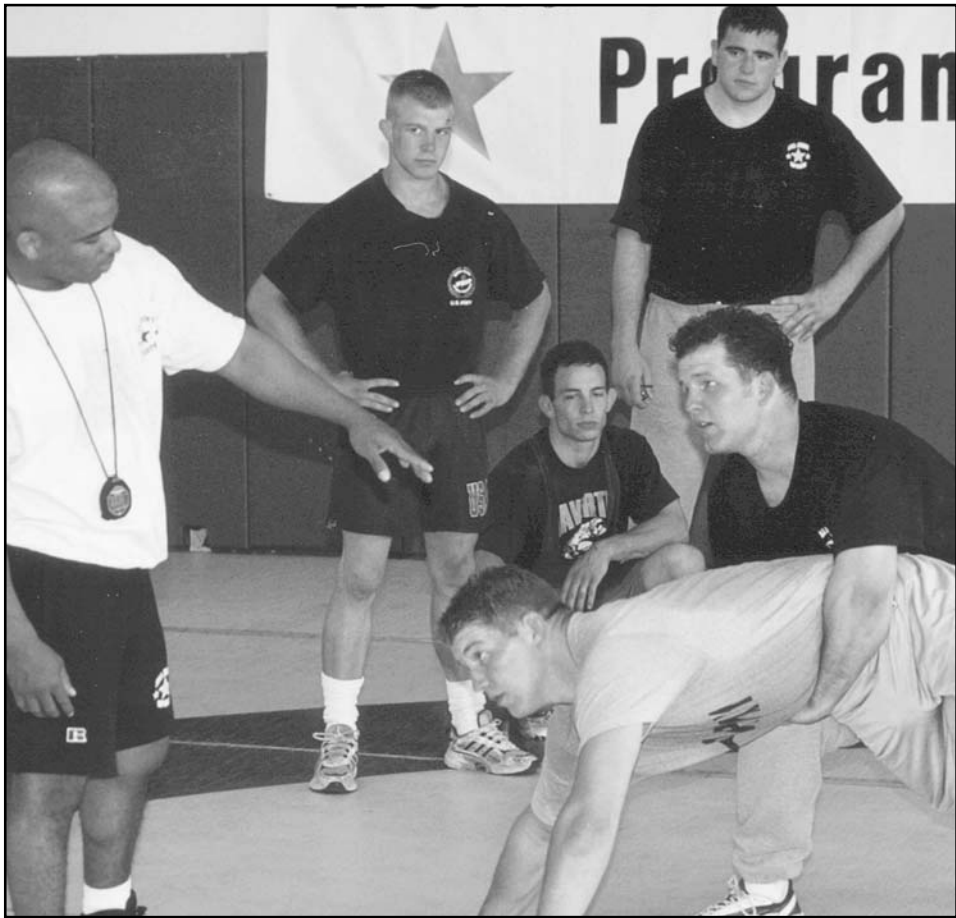
If you spend some time around the wrestlers as they work out you can see how they were able to win the title.

The wrestlers come to the gym in the mood to work their bodies to the limit and then beyond. To see them sweating, grunting and groaning for all they are worth, gives you a good idea of their commitment to winning and doing what it takes to win.

The wrestlers understand that if they are to achieve their goal they will have to work and train hard.

"We push this hard in practice because everyone else in the country is pushing this hard. We have to put a little on top of that to stay a little ahead of the game," wrestler Glen Nieracka said.

The question now is, can the team stay focused in spite of its success?



Photos by Walt Johnson

Shon Lewis, left, gives James Kutz, bottom, and Issac Wood, top, some pointers during a practice session Monday. as from back left, Glenn Garrsion, Oscar Wood and Paul Devlin look on.

"What we have to do after we have this type of success, is raise the standards and let the athletes know we accomplished the mission but there is more work to be done. We will

continue to raise the standard, once we reach a certain level, and that will always help a wrestler try to improve," Lewis said.

Mountaineer Sports Spotlight



Photo by Walt Johnson

Women get ready for city league games ...

Josh Mitchell, women's varsity team coach, hits "fungos" to members of the team that will represent the post in the Colorado Springs City League. For information on the team, call Mitchell at 526-2411.

The Fort Carson Golf Club

by Sean Stewart
DCA Business Division, Marketing Specialist
photos by Staff Sgt. Antony Joseph
Fort Carson Public Affairs Office

Fort Carson's Golf Course is a 18-hole championship course where soldiers and civilians can experience quality service and a commitment to excellence, camaraderie and esprit de corp, making the Fort Carson Golf Club this community's "first choice" in golf.

At a luncheon hosted April 13 by the Fort Carson Golf Club, Brig. Gen. Tony Taguba, commander, Community and Family Support Center, presented William "Billy" Fumai, the Fort Carson

Golf Club's general manager, the "Excellence in Management Award."

Fumai joined the Directorate of Community Activities Business Division team two years ago and has molded the Fort Carson Golf Club into the "club of choice" in the Colorado Springs area.

Rounds of golf have increased some 25 percent while revenues have catapulted by more than \$600,000 per year.

Fumai and the golf club staff have spearheaded new and innovative improvements. Improvements include extensive landscaping, new water hazards, 550 new trees, tee boxes and newly-laid cart paths winding their way through the scenic golf course.

One improvement to note is the ParView Global Positioning Satellite system, which features the world's most advanced golf course management, distancing and communication system. The ParView GPS system significantly enhances the golfing experience and dramatically improves the overall course operations.

The Fort Carson Golf Club offers the best price in town and a comprehensive pro shop. Constant improvement under the guidance of Fumai and staff makes this golf course stand out among the rest. Come and take a look at what your DCA Business Division is doing for you, at the Fort Carson Golf Club.

Fort Carson Golf Council

The Fort Carson Golf Council is a nongoverning body which serves as an advisory committee to the Golf Course Manager, Directorate of Community Activities, garrison commander, and the commanding general, to represent the interests and concerns of all authorized patrons. The council provides recommendations and advice on the desires, needs, and concerns of authorized patrons,

- Plans, policies, and operations of the golf course,
- Golf course maintenance and management,
- Golf tournaments, and annual activity schedule.

Fort Carson Golf Council Members

Name and Council Position	Telephone	E-mail Address
Lt. Col. Buddy Minnon, president	526-3443	albert.minnon@carson.army.mil
Chief Warrant Officer Casey Parks	526-0545	casey.parks@carson.army.mil
Master Sgt. Roberta Cambra, vice president	526-9487	oberta.chesbrough@carson.army.mil
Sgt. Tim Arnett	526-9717	
Bob Stack, course committee chairman	526-5597	robert.stack@carson.army.mil
Sean Stewart, tournament committee chairman	526-9977	sean.stewart@carson.army.mil
Bill Reed	526-1120	bill.reed@carson.army.mil
Dick Porter	576-6053	ra.bj.porter@worldnet.att.net
Jim Doak	635-6009	jjsbjd@aol.com
Beth Esmoil	633-2163	sachs@friei.com (Pass to Beth)

We are your representatives. Contact us with your questions.

ParView

ParView is the leader in the rapidly emerging market of golf course management systems using wireless communication and global positioning systems.

ParView provides a high quality, 10.4" color video display unit mounted and suspended from the golf cart roof and linked via radio frequency to a central base station in the golf course clubhouse. This system provides golfers with a bird's eye view of each hole they are about to play, exact distances from each tee box to the center of the green, course hazards, yardage of the golfer's drive, pro tips, electronic scoring and a live tournament leader board, two-way communications, 911 emergency, and the ability to order food and beverage items directly from the cart.

Additionally, the ParView System enables golf course management to more effectively control the pace-of-play and course operations. The benefits to the course include higher customer satisfaction and loyalty, an increased number of daily rounds, growth in food and beverage revenue, streamlined tournament set-up and marketable tournament features, and improved pro shop sales.

The ParView System significantly enhances the golfing experience for golfers and dramatically increases overall revenue for course management.

The Fort Carson Driving Range is all-new

Billy Fumai and staff have been very busy recently. With guidance from DCA Business Division Chief, Al Hepford, and \$15,000 to support the project, the team has put in place a dynamic new driving range unrivaled in the Colorado Springs area.

- 3 new target greens • 22 new stations
- New mats • New dividers

The golf course has undergone some very significant improvements as well:

Did you know the range has added:

- 3,000 yards of split rail fencing • 3 new championship tee boxes
- A new pond in 2000 and another in May 2001 • 550 new trees
- A frost-free irrigation line • New continuous tee to green cart paths



The driving range has received a \$15,000 upgrade.



Fort Carson Club House provides a great view of the course.



All golfers begin at the Starter's shack at The Fort Carson Golf Course.



Paul Gentry, Colorado Springs citizen practices at the Golf Course. Gentry practices at least once a week.

Divot's Grill

Divot' Grill at the Fort Carson Golf Club is under new management. Felix Brooks, formerly Christopher's kitchen manager, has taken the reins at Divot's Grill and is planning an all-new menu. Divot's will offer new breakfast hours for those early morning golfers as well as a revamped lunch menu.



Hungry golfers can find some well-earned snacks at the Divot's Grill.

Club Fee Structure

Weekday Rate	Green Fee 9 Holes	Green Fee 18 Holes	Daily Twilight
CAT 1 (E1-E4)	\$5	\$9	\$8
CAT 2 (E5-02)	\$7	\$13	\$10
CAT 3 (03--010)	\$9	\$16	\$12
Civilian	\$14	\$25	\$17

Weekend Rate	Green Fee 9 Holes	Green Fee 18 Holes	Daily Twilight
CAT 1 (E1-E4)	\$6	\$11	\$8
CAT 2 (E5-02)	\$10	\$15	\$10
CAT 3 (03-010)	\$13	\$18	\$12
Civilian	\$18	\$28	\$17

Fees	Yearly Trail Fee	9 Hole Maint. Fee	8 Hole Maint. Fee
CAT 1 (E1-E4)	\$100	\$2	\$4
CAT 2 (E5-02)	\$200	\$3	\$6
CAT 3 (03--010)	\$300	\$3	\$6
Civilian	\$450	\$4	\$8

**Additional family member rates are available

Punch Card Options

	10 Play/Fee	25 Play/Fee	50 Play/Fee
CAT 1 (E1-E4)	\$80	\$175	\$300
CAT 2 (E5-02)	\$120-	\$275	\$500
CAT 3 (03--010)	\$140	\$325	\$600
Civilian	\$250	\$612.50	\$1,200

Cart Fees	Range Fees	Rental Fees
18 holes - \$10 per person (2 riders)		Range balls \$2.50 / \$5
9 holes - \$5 per person (2 riders)		Pull carts \$3
18 holes - \$12 single rider		Clubs \$5
9 holes - \$7 single rider		
• 18 hole cart fee only for twilight golf		
• No 9 hole tee times on weekends before 11 a.m. May through September		
• Additional family member rates are available		

Senior citizen (55 & above)

Monday through Thursday before 10 a.m. \$23 (green fee and half cart)
Single rider \$24.50
April through October — Monday through Thursday only \$520

Club Tee Time Policy — for Saturday, Sunday and Holidays only

Active duty Army stationed at Fort Carson may call in starting Tuesdays for tee times on Saturday, Sunday and Holidays.

4 days prior: active duty army — 8 a.m. - 11 a.m.

3 days prior: Army Retiree, DOD employees at Fort Carson, annual fee and 10 play cards

All other services — active and retired, DOD elsewhere and civilians.

Note: Minimum of three players necessary to make a tee time; maximum four. No juniors until noon Saturday, Sunday and holidays (15 & under). One tee time per caller.

Payment Policy:

All annual fee patrons may pay their annual fee at one time or 50 percent upon joining and the other 50 percent — 60 days from that date. Family members are not eligible to split payment unless they join at the same time as the sponsor.



The Front Range provides a scenic backdrop to the Fort Carson Golf Course.

Lesson Fees

Apprentices — \$25 — prepaid set of 3 — \$65

Assistant pro — \$30 — pre paid set of 3 — \$80

Jr. Apprentices — \$15 — only jr. golfers

9-hole lesson — assistant pro only — \$40



Club Tournaments

Date	Tournament	Format
Saturday, May 19	The Fort Carson Golf Club Scramble	4 person teams — Scramble. Numerous flights.
Saturday June 9 and Sunday, June 10	The Fort Carson Open	Individual stroke play. Flight by handicap. Gross and net prizes.
Saturday, June 16	The Fort Carson Classic	Individual stroke play. Flight by handicap. Gross and net prizes.
Saturday, July 14	The Fort Carson Jumble	2-person modified 2-person teams - 6 holes best ball, 6 holes scramble, 6 hole alternating shots.
Saturday, Aug. 25 and Sun. Aug. 26	Club Championship	Individual stroke play. Flight by handicap. Gross and net prizes.

Royal Gorge Bridge

A bridge which leads to nowhere

Not only is the Royal Gorge Bridge the highest suspension bridge in the world, it spans the deep gorge carved over several million years by the Arkansas River. The bridge is 1,053 feet above the flowing Arkansas, about 12 miles west of Canon City.

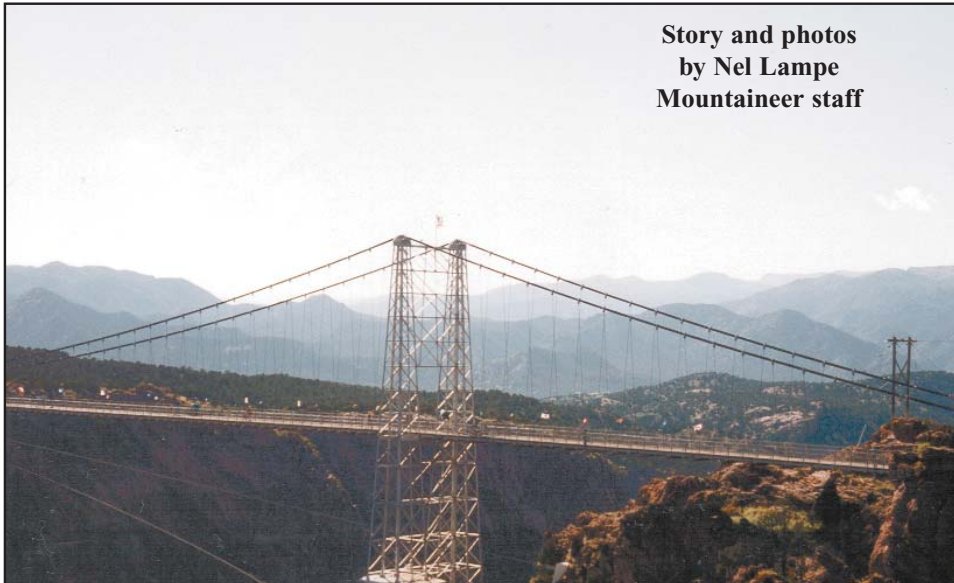
The bridge was built by Canon City for \$350,000, but to replace it today would cost \$20 million. It was completed in only six months with no fatalities — an incredible record, and suprisingly, opened in winter. The work was performed by county road crews, some 80 men, most of whom lived in Canon City. The work was under the supervision of a Texas firm which had built several bridges.

You'll surely marvel, once you see the huge cables and steel towers which anchor the bridge to both sides of the gorge.

But what's the purpose of the bridge? According to Nancy Weeks, director of marketing at the bridge, "It was essentially built as a bridge to nowhere." Canon City officials decided to build the bridge as a tourist attraction. The Royal Bridge Company, a private company, leases and manages the bridge, which is in a city park.

The bridge draws about a half-million people each year. Some visitors have traveled many miles to see or cross the bridge, and others are local visitors.

For Fort Carson readers, the best time to visit the bridge is during the month of May. The Royal Gorge Bridge and Park recognizes members of the armed services and their families during the month of May. All



Story and photos
by Nel Lampe
Mountaineer staff

The bridge presents an incredible view, with its graceful steel cables contrasting with the rock walls of the gorge.

active and retired military personnel and their families will receive half-price admission to the park by showing proper military ID.

Special events and entertainment are planned for the weekend of May 12 and 13. The Fort Carson Color Guard will post the colors on the Plaza at 1 p.m. May 13. The Fort Carson Canine Unit will be at the park and the Explosives Ordnance Disposal Unit with demonstrat robotics on the north side of the park. Throughout the weekend Tom Munch will provide live musical entertainment.

Once arriving at the bridge, park in one of the nearby parking lots. If you use strollers or plan to bring a large picnic lunch or cooler along, remember, the earlier you arrive, the closer you will be able to park. You only need to park in a lot if you're planning to walk or take the shuttle across the bridge, or if you want to participate in the activities on the north side of the bridge right away.

If you plan to drive across the bridge upon arrival, just use a drive up lane, pay admission and drive over the bridge. You won't need to park.

New this year is a nature center just before the entrance. The center has a display of wildlife that live in the park.

All rides and attractions at the park and bridge are included in the admission price, so there's no reason to say "no" to the children who want to ride the mini-train or the carousel at the entrance, as well as a climbing apparatus.

The Visitor Center, gift shop and snacks are near the entrance as well as the tramway station.

Rather than crossing the bridge, you can opt for an aerial crossing of the gorge. You can either return on the tram, or after seeing the attractions on the other side, choose to walk or ride the shuttle over the bridge. The aerial cable car carries up to 35 passengers each trip.

Some visitors choose to take the incline railway to the bottom



Visitors walk over 1,292 planks in the bridge's deck to get to the other side of the gorge.

of the gorge and the edge of the river before crossing the bridge. The world's steepest incline railway follows tracks which are nearly straight up and down. It opened in 1931 and the 1,550-foot incline takes about five and a half minutes each way. The experience is an unforgettable ride — and you're standing up the whole trip.

The point of the ride is just "doing it." After a 45-degree ride to the bottom, passengers usually take a few minutes to watch the water or whitewater rafters sweep by. After a glimpse of the still-used railroad track beside the river, and if you're lucky, a glimpse of the passenger train rumbling by, incline railway passengers take the next car headed for the top. There's a new snack stand at the bottom.

Once you're ready to cross the bridge, decide how you want to do it. You can drive, walk or take the trolley car. Keep in mind that the 1,260 feet bridge is a wooden, suspended bridge, and it does move and sway, even more



One of the incline railway cars starts up the 45 degree incline. The incline railway has carried passengers for 70 years.



A pull-out section for the Fort Carson community

May 4, 2001

See Bridge, Page B-2

Fort Carson

Bridge

From Page B-1

so on windy days. The bridge moves and the planks rattle when a car goes by. There are 1,292 blanks in the deck of the bridge. Some people become scared when looking over the side of the bridge at the river more than 1,000 feet below.

Once on the south side, take in the free movie at the multi-media theater, which takes about 15 minutes to tell the story of the bridge's construction and the "railroad war."

About 130 years ago two railroad companies wanted to lay railroad tracks on the gorge floor in an effort to have the shortest route across the mountains. The two companies, the Santa Fe Railroad and the Denver and Rio Grande, were both laying track as fast as they could, each trying to beat the other company to the gorge.

One company's crew was at one end of the gorge, and the other crew at the opposite end. Shots and threats rang out, and some vandalism and mischief occurred. Eventually the situation was settled in court, and the D&RG company won, which was owned by Gen. William Palmer, who also founded Colorado Springs. The D&RG tracks are the ones that run along the Arkansas River. Ironically, the sightseeing train, which began using the route a couple of years ago, starts its trip at the Santa Fe station in Canon City.

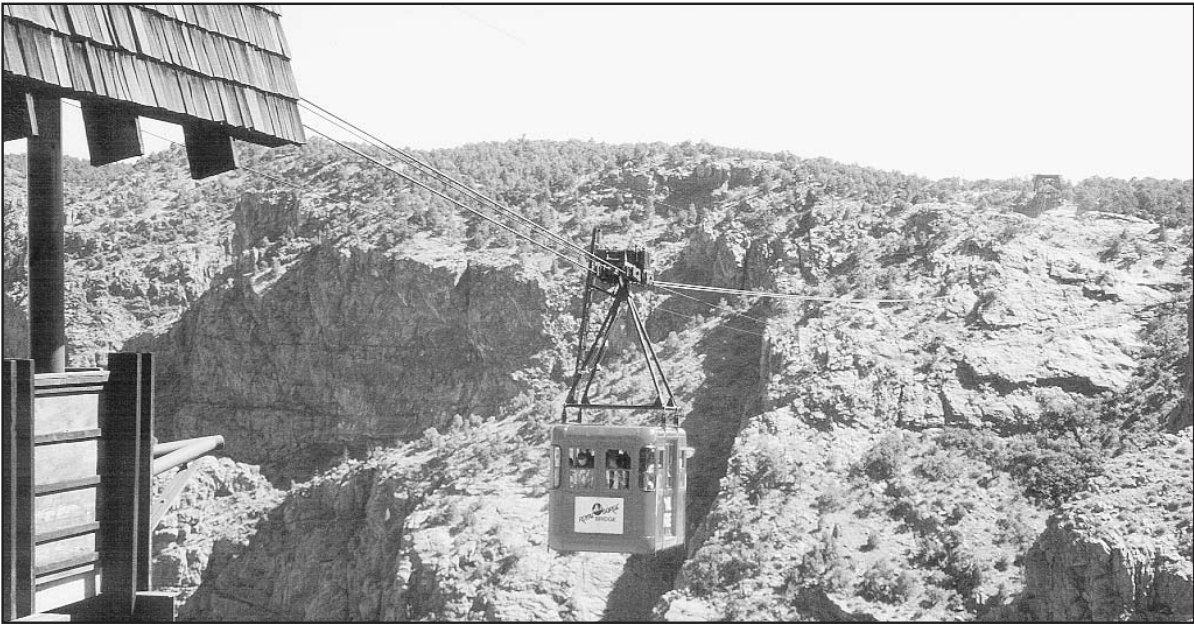
A wide variety of sandwiches and snacks can be purchased at refreshment stands on either side of the bridge. If you brought your own picnic, there are places to spread it out on either side of



Passengers enjoy the mile-long ride on the scale model vintage train at the entrance.



The silver-colored bridge looks deceptively delicate and graceful, but will support in excess of 2 million pounds of weight.



The tram car approaches the station at the Visitor Center on track cables weighing more than seven tons each.

the bridge.

Regular admission price is \$15 for adults and \$12 for children ages 4 to 11. Children under 4 are admitted free. But anyone with a military ID will get in for half price during May. Remember the admission price includes all rides and attractions.

The bridge is open from 9:30 a.m. till 6:30 p.m. weekdays, and a half-hour later on weekends. May 26 until June 15, the bridge and park will be open 8:30 a.m. until 7:30 p.m.

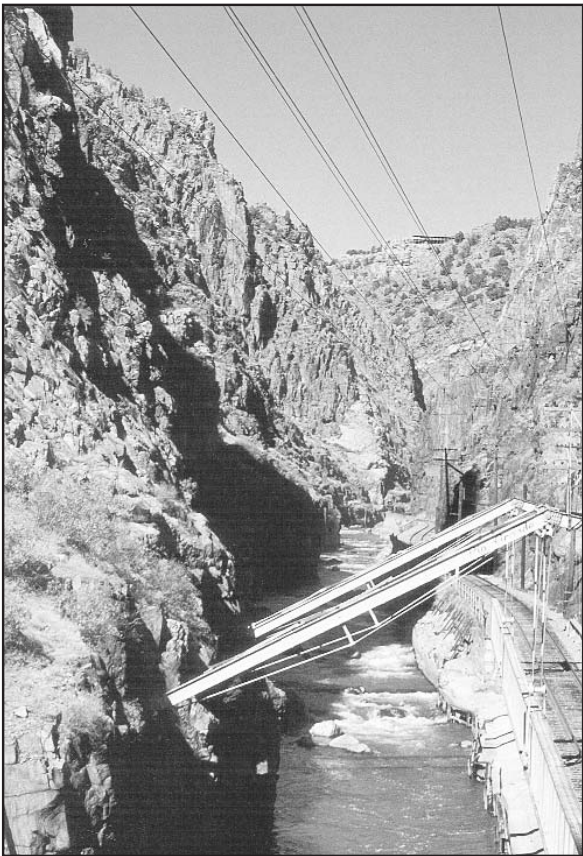
Beginning June 16, the park will be open from 8 a.m. until 8 p.m. through Aug. 19.

Special events are held at the bridge throughout the year, such as an Easter sunrise service and a western style barbecue. Independence Day is special at the bridge as is Coloradofest, a Bavarian/Colorado event in September which features German-style food music and dance.

If you plan to visit Royal Gorge this weekend, you may want to time your arrival in Canon City around the fact that the city's annual Music and Blossom Festival begins today, with a barbecue at 5 p.m., followed by a rodeo at 7 p.m.

Band competitions begin at 8 a.m. Saturday with a parade at 1 p.m. There's another barbecue at 5 p.m. and a rodeo at the Rodeo Grounds. Sunday starts with a pancake breakfast from 7 a.m. until noon and on-stage entertainment at Veterans Park. You may want to plan your trip to avoid parade traffic, or round out the weekend by taking in the May festival as well. Be sure to save ample time for the bridge experience — it'll take a few hours to enjoy all the rides and walk or ride across the bridge.

There are other attractions worth a stop in or around Canon City, such as the Royal Gorge



The hanging bridge, an engineering marvel, holds the railroad tracks in the one place the gorge floor wasn't wide enough.

Railroad, the Dinosaur Depot, the municipal museum and the prison museum. Buckskin Joe Frontier Town and Railway, an early west theme amusement park, near the Royal Gorge Bridge, is open for the summer.

Fun Country Amusement Park, with its giant slide (\$4 all the rides you want) and go-carts, \$4.95 a ride, is just south of Highway 50 on the turnoff for the bridge.

From Fort Carson's front gate, take Highway 115 south to the small town of Penrose. At Penrose, take U. S. 50 west through Canon City.

The Royal Gorge Bridge is about 12 miles west of Canon City, and south of Highway 50; watch for the signs for Royal Gorge.

Just the Facts

- **Travel time** About one hour
- **For ages** all
- **Type** suspended bridge
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage** \$\$ (plus food)
 - \$ = Less than \$20
 - \$\$ = \$21 to \$40
 - \$\$\$ = \$41 to \$80(Based on a family of four)

Happenings

MOUNTAINEER
May 4, 2001 **B3**

Community Events

Family Readiness Center

Prevention and Relationship Enhancement Program May 10 and 11 from 8:30 a.m. to 3 p.m. at the Family Readiness Center. The Family Advocacy Program at Army Community Services is presenting this widely respected and research-tested program for couples who desire to fight for their marriages. The 12-hour workshop, presented over a two-day period, will teach couples how to: discuss difficult issues safely and clearly, use ground rules to resolve conflicts and enhance fun, friendship, commitment, spirituality and intimacy. Limited on-site child care is available. To register call Army Community Service at 526-4590.

The Family Member Employment Assistance Program conducts workshops on aspects of employment, such as resume writing and interview techniques. For registration and information, call 526-0452.

The Financial Readiness Debt Management Program is available to help active duty, family members, retirees and Department of Defense civilians with debt problems. For information, call 526-0449.

Army Family Team Building is a readiness program that provides family members and soldiers with an understanding of the Army. It combines the skills and resources needed to become more self-reliant and have a better sense of belonging to the Army family. Some of the topics covered are benefits, entitlements, military terms, customs and courtesies, child care and education. For questions regarding the AFTB classes taught in Spanish or English, call 526-0461.

The Financial Readiness Program, with Security Federal Credit Union, presents a class on Credit Builder Plus Seminar, May 24 from 4 to 5:30 p.m. The class provides information on establishing and re-establishing credit. Contact Patricia Randle at 526-4590.

The Financial Readiness Program, with Security Federal Credit Union, presents a class on Credit Builder Plus Seminar, June 28 from 4 to 5:30 p.m. The class provides information on establishing and re-establishing credit. Contact Patricia Randle at 526-4590.

Miscellaneous

Care and Share Food Bank, located in Colorado Springs, needs volunteers to help in many capacities. Care and Share collects and distributes food to 300 member agencies, which give it to the hungry people of Southern Colorado. Last year more than 4 million pounds of food were distributed by Care and Share. For information call the Care and Share volunteer coordinator, Jordan Israel at 528-1247, Monday through Friday, 8:30 a.m. to 5 p.m.

Fort Carson invites the public to learn about environmental restoration projects on post at quarterly Restoration Advisory Board meetings. RAB meetings offer informative presentations on a variety of ongoing cleanup projects. For information or to join, contact Jim Henderson at 526-8001.

Directorate of Public Works announces that a water tank is being erected on the hill northwest of Titus and Harr. Construction will be continuing through August. Due to this area being a construction site, please do not enter on foot or vehicle unless official government business is being conducted. For information contact Kandy McBrite at 526-9239.

Fort Carson yard sales are held the first Saturday of each month at the Beacon School parking lot. If the weather is inclement, then the yard

sale falls to Sunday or the following Saturday. Yard sale dates are: Saturday, June 2, July 7, Aug. 5, Sept. 1, Oct. 6, Nov. 3 and Dec. 1.

The Fort Carson Officers' Wives' Club has a three-in-one celebration: installation of New Officers, Volunteer Appreciation Recognition and Scholarship Recipient Award will be May 15 at Elkhorn Conference Center, 6:30 to 9:30 p.m. Cost is \$13.75 per person, please respond by May 9, 579-5414 (A-M) and 527-9654 (N-Z).

Peterson Air Force Base lodging used furniture sale. The sale is today and Saturday from 7:40 a.m. to 4:30 p.m. (while quantities last). Sale will be in front of building 1030 (on the corner of Stewart Avenue and Mitchell Street). All active duty military, DOD civilians, retirees and military family members are eligible to buy. A limit of 3 of each item per family. Furniture is sold as is, no refunds or exchanges. Items purchased must be removed the same day.

Summer volunteers are needed at the Children's Literacy Center; ages 16 or older (13 to 15 with special recommendations), to provide one-on-one tutoring in reading for first, second and third graders who need additional help. Choose a convenient time and location to spend two hours a week for six weeks, training is provided. For information contact the Children's Literacy Center at 471-8672.

Rogers Elementary School's Track and Field Day is May 31. The school is located at 110 S. Circle Drive. They need volunteers to help with this event from 8:45 to 11:30 a.m. For information contact Pam Sheffield at 520-2202.

Equal Employment Opportunity Office continues with its presentations of human relations topics for civilian employees. The following training classes will be conducted from 8:30 to 11 a.m. in the Cedar Room at the Family Readiness Center: Valuing Diversity, May 18; Coaching, May 21; Preventing Violence in the Workplace, May 23. Video session: Family and Medical Leave Act; How and When to Settle Complaints and Other Employment Lawsuits, May 30. Fill out a form at the EEO Office, building 1659, 1675 Berkeley Avenue to register for the class you select. Because seating is limited, priority will go to Fort Carson civilian AF/NAF employees. You will be notified prior to the class if registration is approved. For information contact your training coordinator or call EEO at 526-4413.

The Selective Service System has added a change of address page to its Web site that allows young men to update their registration information online. Federal law requires that men ages 18 through 25 notify Selective Service within 10 days of an address change.

The Armed Services YMCA connects military personnel and their families to the community through YMCA programs. The YMCA of the Pikes Peak region provides reduced membership for military personnel grades E-5 and below as well as financial assistance for low income participants. The YMCA also maintains an Airport Information Center at the Colorado Springs Airport to help incoming personnel orient themselves to the community. For more information, call 393-9620, or click on the Web site www.pymca.org.

Fort Carson community Town Meeting will be June 6 at the Elkhorn Conference Center, 6 to 8 p.m.

Celebrate Military Spouse Appreciation Day and enjoy some special treatment at the annual Vanity Fair, Tuesday, 10 a.m. to 2 p.m., at Hillside Community Center (corner of Fountain and Institute). Free and open to all military spouses. Complimentary haircuts, massages, manicures and more, no reservations needed. Presented in partnership by Peterson, Schriever and Air Force Academy Family Support Centers, Fort Carson ACS and the Armed Services YMCA. For more information contact Audrey Degenhardt, at 393-9620 extension 105.

Asian/Pacific Heritage Month Celebration Thursday, 12:30 to 3 p.m. at the Post Field House. Cultural exhibits, entertainment, food sampling, dance groups, karate demonstration. Open to the public.

Annual leave donors are needed for Jacqueline Booker an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for JoAnn Avery an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for Felicia Yvonne Moore an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for Dawn Marcella Ann Orr, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for Judith L. Dutt, an employee of the Fort Carson Public Affairs Office. The leave is needed to cover her absence due to the exhaustion of her available paid leave following surgery. For more information, call 526-8399.

Annual leave donors are needed for Linda S. Cellars, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for Stacey L. Pipken, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Annual leave donors are needed for George Bobo, an employee of Department of Environmental Compliance and Management. The leave is needed to cover his absence due to the exhaustion of his available paid leave. For more information, call 526-1684.

Annual leave donors are needed for Dolores Jean Ontiveros, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Volunteer Recognition

The installation's annual volunteer recognition picnic and awards ceremony will be Saturday, June 2, from noon to 3 p.m. at Iron Horse Park. Agencies need to submit nomination packets for volunteers who meet criteria. Nomination packets must be submitted by today to the Installation Volunteer Coordinator, 1500 Wetzel, building 1526. This is to ensure that awards can be processed through the Mountain Post, FORSCOM, and Department of Army in time for presentation at the June event. All volunteer hours for the year 2000 should have been submitted to the IVC yesterday. Please contact the IVC, Gwendolyn Ragle at 526-8303 for assistance.

Youth

Kidpower and Teenpower are coming to Fort Carson Youth Services in May and June. Kidpower/Teenpower is a nonprofit organization that teaches young people how to keep themselves safe from abduction, assault, emotional, physical and sexual abuse. Educators, mental health professionals and law enforcement experts recommend Kidpower/Teenpower. It is a safe, age appropriate, positive and affordable organization. For information call Kathie Rawson at Youth Services 526-2680.

B4 MOUNTAINEER
May 4, 2001

Urban Conspiracy

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<p>def soul</p> <p>\$9⁹⁹Cass \$14⁹⁹CD</p>	<p>FROM AN OLD SCHOOL</p> <p>\$9⁹⁹CD</p>	<p>ONE</p> <p>\$11⁹⁹CD</p>
<p>KUBO</p> <p>\$12⁹⁹CD</p>	<p>GROUND RECORDS</p> <p>\$11⁹⁹CD</p>	<p>DJ SERG GOLDEN STATE OF MIND</p> <p>\$6⁹⁹Cass \$11⁹⁹CD</p>

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④ Old Colorado City	3040 W. Colo. Ave	477-9058
⑤ Pueblo	420 W. 4th St.	543-9501
⑥ Security/Widefield	5680 S. Hwy 85/87	393-1255
⑦ Denver	937 E. Colfax St.	(303)863-8668

www.beindependent.com

Happenings

MOUNTAINEER
May 4, 2001

B5

Military Briefs

CG's Newcomers Briefing will be May 11, 1:30 p.m. at the McMahon Theater. It is mandatory for all newly assigned officers and soldiers to attend. Family members are welcome. Free child care is available by calling 524-0151.

Green to Gold Briefing: Army ROTC conducts a Green to Gold briefing every Tuesday from 11:30 a.m. to 12:30 p.m. in room 124 of the Education Center. If eligible, you may get a bachelor's degree and become a second lieutenant. If you have any questions contact Capt. Cindi Basenspiler at 262-3236. No appointment is necessary to attend the briefings.

Special Forces briefings are held Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at Grant Library. You can apply for SF training as a private first class, but cannot begin training until you are an E-4. For more information, call 524-1461 or 524-1462.

The Army Career and Alumni Program Center now has set times for clearing. Monday through Wednesday, 7:30 to 9 a.m. and 3:30 to 4:30 p.m., Thursday 9 to 10 a.m. and 3:30 to 4:30 p.m., Friday 7:30 to 9 a.m. and 1 to 2:30 p.m. If you have questions, call 526-1002 or 526-0640, or visit the Web site www.carson.army.mil/ACAP/acap.html.

The Fort Carson Waiting Families Program is here for spouses of soldiers on unaccompanied hardship tours and extended deployments. Call Barbara McYoung at 526-4590 for more information.

First Quarter Directorate of Community Activities Peer Awards ceremony will be held Thursday at 1:30 p.m. at the Elkhorn Conference Center. Contact Jane Boozer at 526-3972.

The Sergeant Audie Murphy Club event calendar is as follows:

All meetings are held monthly on the third Wednesday of the month at 11:30 a.m. at the Mountain Post Wellness Center on the second floor conference room in the Family Readiness Center.

Induction ceremonies and rehearsals are held at McMahon Theater. All other events are conducted in the main conference room of building 1430. For more information, call 526-2409 or 526-3887.

Better Opportunities for Single Soldiers

BOSS Executive Council meets the first Wednesday of each month at 10 a.m. at the BOSS Office, building 1217, room 227. The Post BOSS meeting, for BOSS Representatives, meets the second Thursday of each month at Christopher's from 1 to 3 p.m.

The Fort Carson Provost Marshal Office, Vehicle Registration Section has an additional location at Evans Army Community Hospital. Vehicle registration will be set up in the lobby of the post exchange, the entrance of the commissary or adjacent to the pharmacy in Evans on the following days and times: Mondays, Evans Army Hospital, 10 a.m. to 2 p.m.; Tuesdays, PX 10 a.m. to 2 p.m.; Wednesdays, Evans Army Community Hospital, 10 a.m. to 2 p.m.; Thursdays, commissary 10 a.m. to 2 p.m.; Saturdays, PX 10 a.m. to 2 p.m. The main Vehicle Registration Office located in the Welcome Center will continue normal customer hours during the following times in order to bring continued service to the Community. Monday, Tuesday, Wednesday, and Friday: 9 to 11:30 a.m., 1 to 4:30 p.m.; Thursday: 9 to 11:30 a.m. (only In and Out Processing) 1 to 3 p.m. For information, call the Provost Marshal Operations at 526-2053.

Local Officer Candidate School board is May 16 and 17. This board is required for all applicants. The board will be conducted at the Elkhorn Conference Center. All participants must report in Class A uniform May 16 and 17 to appear before the board. All packets must be turned in to the 4th Personnel Services Battalion, Personnel Action Section, building 1118, room 317, no later than May 8. For information contact Cpl. Nathaly Gaffke at 526-1906.

3rd Brigade, 1st Battalion, 8th Infantry Blood Drive May Tuesday, 9 a.m. to 12:30 p.m. Building 2060 on Barkley Avenue in the battalion day room. Soldiers and others are encouraged to give because Bonfils Blood Center works in conjunction with Evans Army Hospital in providing blood and blood products for patients. Contact Lt. Sean Svare for an appointment at 526-8222; walk-ins welcome also.

The Mountain Post Chapter of the National Infantry Association is looking for current members and new members to join the newly formed chapter. The chapter works with and assists infantrymen in perpetuating the history of the Infantry soldiers and units with events like picnics, meetings and sponsored events. Contact Jonce Hamm at 526-6347.

Records Management Class will be held June 13, 9 a.m. to 4 p.m., building 1550, classroom A, for all units and activities. This course will include instruction on the Privacy and Freedom of Information Acts, the Modern Army Recordkeeping System, and Army Correspondence and Forms Management. Military and Department of Army civilian personnel must submit a memorandum with name, rank, organization and point of contact to Directorate of Information Management, Management Services Branch by close of business June 7, (fax: 524-0682). Attendees are requested to bring writing supplies and a copy of AR 25-400-2 dated Feb. 26, 1993. Contact Duane Gregorich at 526-2107 or e-mail: duane.gregorich@carson.army.mil.

Records Management will conduct the following Modern Army Recordkeeping Systems

classes: Wednesday, 9 a.m. to 3 p.m., building 1550, classroom A, suspense date: today; July 18, 9 a.m. to 3 p.m., building 1550, classroom A, suspense date: July 12; Aug. 15, 9 a.m. to 3 p.m., building 1550, classroom A, suspense date: Aug. 10. Personnel wishing to attend must submit a memorandum with full name, rank, organization and point of contact with telephone number to Management Services Branch, by the suspense dates above. Attendees are requested to bring a copy of AR 25-400-2 (MARKS) to class. Contact Duane Gregorich at 526-2107, fax: 524-0682, or e-mail: duane.gregorich@carson.army.mil.

Submission of List of File Numbers as directed by AR 25-400-2, Para. 5-13, The Modern Army recordkeeping system, all file areas are to submit a LFN for approval annually by May 25. This requirement only applies to offices/units who have not provided an LFN for their unit within the last 12 months. Submit your LFN on FORSCOM Form 350-R, List of File Numbers, Jan. 1 to Directorate of Information Management, Management Services Branch, Duane Gregorich at 526-2107, fax: 524-0682, or e-mail: duane.gregorich@carson.army.mil.

Attention: all active duty and retired Medical Service Corps officers and Army Medical Specialist Corps officers serving on Fort Carson. The Fort Carson Silver Caduceus Society is getting back off the ground. The Fort Carson Silver Caduceus Society is a private association, open to all MSCs and AMSCs on Fort Carson, dedicated to: furthering professional knowledge; keeping abreast of current developments in technical, administrative and scientific subjects, meeting periodically with our DOD and civilian counterparts; providing charitable benefits to the community in which we serve. The Fort Carson Silver Caduceus Society is hosting a luncheon May 11, at 11:30 a.m. at Christopher's Summit Room. The guest speaker will be Col. Glenn Taplin, Chief of Staff, Great Plains Regional Medical Command. Lunch will be purchased through Christopher's buffet line on a pay as you go basis, starting at 11:30 a.m. For reservations contact: Cpt. Noel Christian Pace at 526-7233 or e-mail: noel.pace@cen.amedd.army.mil.

547th Engineer Battalion (Cbt) Association and its attached units (552nd and 1328th) is holding its 15th annual reunion in Durham, N.C. Aug. 2 to 5. Contact John Joyner at (919) 596-7940 or Ursula Allen at (253) 582-4649.

The Directorate of Logistics Hazardous Materials Control Center will conduct its monthly meeting for all assigned Hazardous Material Custodians Wednesday at 1 p.m. The meeting will be held at building 8000, DOL main conference room on the second floor. Attendance is required. For information contact HMCC at 526-4210.

Editor's note: The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication date.

Sports & Leisure

Attention softball coaches and players: The 13th Annual "Weekend Bash" softball tournament will be held June 23 to 24 in Tucson, Ariz. The champions will have their choice of new gloves or bats. The top four teams will receive awards. Take your intramural squad to this tournament; for information contact Greg Manning at (520) 228-5478.

Fort Carson Youth Sports needs volunteer coaches for several upcoming sports seasons. No experience is necessary, as all leagues are developmental. For more information, or to volunteer, call 526-1233.

Forrest Fitness Center is now offering "Cycle Reebok" to all ID card holders. Classes are held six days a week, Mondays at 5 p.m., Tuesdays at 3:30 p.m., Wednesdays at 5:40 a.m. and 5 p.m., Thursdays at 3:30 p.m., Fridays at 4 p.m. and Saturdays at 9:30 a.m. Classes are 50 minutes long, and first-timers should arrive 15 minutes early. For more information, call 526-9120.

3rd Annual Garden of the Gods Fives Saturday. Take your pick of a five-mile or five-kilometer run through the Garden of the Gods. This is the second leg of the Colorado Springs Grand Prix of Running. Races start at 8 a.m., registration is at 7 a.m. or pre-register at

Runners Roost, 107 E. Bijou, or online at CSGrandprix.com. Free parking at MCI/Worldcom (about three miles west of Interstate 25 on Garden of the Gods Road. Shuttle buses to the race site are courtesy of Colorado Springs Grand Prix. Prizes three deep in all age categories, winners listed on the Web page. For information call 635-8803.

This year's 18th annual Federal Cup five-kilometer race for runners and racewalkers is set for 8:15 a.m., May 19 at the Denver Federal Center in Lakewood. Reggie Rivers, former Denver Bronco and local radio and TV personality, will serve as official race starter and master of ceremonies.

The race also features a one kilometer Fun Run for children, refreshments, medals and trophies for individuals and team winners and a prize drawing for all five-kilometer participants. Commemorative T-shirts will be available for \$7 on a first-come, first-served basis. Team categories include men, women, co-ed, masters and seniors. The pre-registration entry fee is \$5 (\$10 race day).

More specific Federal Cup information, including race entry forms and past race results, are available at the Federal Cup Home Page on the Web at: <http://fedcup.homestead.com>.

The Federal Cup is a unique opportunity for federal employees and their families to participate in competitive events and socialize outdoors. No federal contract employees may enter.

Air Force Academy Volksmarch, The Falcon Wanderers Volksmarch Club of Colorado Springs will be sponsoring a five-kilometer and a 10-kilometer

volksmarch (non-competitive walking) event Saturday. The start/finish location is in picnic area #2, U.S. Air Force Academy. Participants may start any time between 8 a.m. and noon. The event is free and open to the public. All walk participants under the age of 12 must be accompanied by an adult. Leashed pets only are allowed on this walk. Strollers can complete the course with difficulty. Wheelchairs are not recommended. For information contact Jan Converse at 591-8193.

Be a part of the world's largest 10-mile race, register on-line. The 17th Annual Army Ten-Miler will be held Oct. 14, 2001, in Washington, D.C. This year's runner field has increased to 18,000 participants. Registration will remain open until Sept. 14, at 5 p.m. EST or until the runner field is full. Don't delay, register today at www.armytenmiler.com.

2002 Olympic Torch Relay. Chevrolet is currently searching for inspirational Americans to carry the olympic flame during the torch relay. For a nomination form or a list of Chevrolet dealerships in your area contact Lindsay Woods at (404) 875-1444, ext. 250.

The Colorado Springs Business Guild's First Memorial Day Golf Classic is May 24 at the Fort Carson Golf Course. Registration is at 6:30 a.m., shotgun start is at 8 a.m. Pre-register by May 21. For information about forms and entry fees or to register call Trent at 573-6607.

Seventh Annual Men's Cinco De Mayo Softball Classic, rescheduled to May 19 and 20, U.S.C. Campus, Pueblo. For information contact Herman Cata at 542-1253 or Anthony Sanchez at 545-6143.

B6 MOUNTAINEER
May 4, 2001**Happenings****Get Out!****Grease**

The Repertory Theatre Company of the Colorado Springs Fine Arts Center opens its production of "Grease" today. The musical runs through May 20. Performances are Thursdays, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Call the box office for tickets, 634-5583.

Theater

"Clue — the Musical" is at Pikes Peak Community College, 5675 S. Academy Blvd., has performances today and Saturday. Tickets start at \$5. Call 540-7418 for information.

Magic Show

"Stars of Magic" is tonight at 7 p.m. in the Peterson Air Force Base Auditorium. The annual magical extravaganza features eight professional magicians. Admission is \$5 for adults, \$3. Attendees need DOD stickers for access to the base.

Denver concerts

"David Clayton-Thomas" and "Blood, Sweat & Tears" are on stage May 12, at 7:30 p.m. at Magness Theater at the University of Denver. Tickets are available at TicketMaster, 520-9090.

"The Irish Tenors" are in the University of Denver's Magness Center June 13; tickets start at \$48 through TicketMaster, 520-9090.

The "Black Crows" hook up with "Oasis" at Fiddler's Green Amphitheatre May 17. Tickets start at \$27 through TicketMaster, 520-9090.

"Willie Nelson" and the Nitty Gritty Dirt Band is set for 7:30 p.m., July 14, at Red Rocks Amphitheatre in the Denver area. Call TicketMaster, 520-9090 for tickets.

"Tom Petty and the Heartbreakers" are in concert May 15 and 16, at 7:30 p.m. at the Red Rocks Amphitheatre near Denver. Call 520-9090 for ticket information.

"Feet of Flames," with Michael Flatley is in Denver's Pepsi Center July 25. Tickets start at \$46 through TicketMaster, 520-9090.

"Aerosmith" plays Fiddler's Green July 23; tickets start at \$35, call TicketMaster 520-9090.

"Rod Stewart" is at Denver's Pepsi Center June 18; tickets start at \$35; call TicketMaster, 520-9090.

"Big Head Todd and the Monsters" play June 19 at the Red Rocks Theater near Denver. Tickets start at \$30 at TicketMaster, 520-9090.

"Depeche Mode" plays at Fiddler's Green in Denver, July 21. Call TicketMaster, 526-9090.

Stomp

"Stomp" returns to the Pikes Peak Center June 12 to 17. Tickets for the sounds and rhythms group start at \$26; call 520-7469.

Denver theater

"Aida," the Broadway musical by Elton John and Tim Rice, are on sale at (800) 641-1222 for the performances June 7 to 24. Tickets start at \$20.

Hummingbirds

The Starsmore Discovery Center holds its annual "Hummingbird Festival" May 12, which is free for all ages from 10 a.m. until 4 p.m. There'll be children's activities and entertainment, a hummingbird plant sale, nature walk and hummingbird sightings. Call 578-6146 for more information.

New exhibit

A new exhibit is at the Colorado Springs Pioneers Museum: "Picturing the Century: a Hundred Years of Photography from the National Archives." Images in this exhibit highlight major events in the last century — from the Wright brothers' first flight to Omaha Beach. Historic glimpses of America's landscapes and economic and social change are shown. There is no fee; the museum is at 215 S. Tejon St.

Free concert

The annual Armed Forces Concert is in Arnold Hall at the Air Force Academy May 16, at 7:30 p.m. The concert is free, but tickets must be obtained from TicketMaster, 520-9090.

Birds and Breakfast

Beidleman Environmental Center, 740 W. Caramillo Street, presents "Birds and Breakfast," May 6 from 6 to 9:30 a.m. Naturalists and bird experts will present a bird identification program, followed by a walk through Sondermann Park and a complimentary continental breakfast. The program is for children ages 10 and older if accompanied by an adult, and adults of all ages. To make a reservation, call 578-7088.

Cinco de Mayo

The nation's largest Cinco de Mayo celebration is in downtown Denver Saturday and Sunday, in Civic Center Park. The two-day fest draws nearly half-a-million people, with several stages, strolling mariachis, dancers and Mexican food, from 8 a.m. to 10 p.m.

Colorado Springs celebrates Cinco de Mayo Sunday, with crafts, food, music, dance and a car show. Activities start at 9:30 a.m. with a fiesta Mass and continues with other activities through 4:15 p.m. In Memorial Park, at the corner of Pikes Peak Avenue

and Union Boulevard. There is no admission for the fest; refreshments are sold.

The Children's Museum in the Citadel Mall is celebrating Cinco De Mayo. Children who visit the museum after 11 a.m. Saturday will be able to make a pinata.

Music Theater

"Forever Plaid," an encore presentation by the Repertory Theater Company of the Fine Arts Center, is in the historic Butte Opera House in Cripple Creek May 11, 12, 18 and 19 at 8 p.m. Tickets are \$20. "Forever Plaid" will be in the Fine Arts Center theater June 29 and 30 and July 6 and 7 at 8 p.m. Tickets are \$22 at the Fine Arts Center box office, 634-5583. The box office also has tickets for the Cripple Creek performances.

Riverwalk

The Historic Arkansas Riverwalk Project begins boat rides along the riverwalk and paddle boats in Lake Elizabeth. Tickets are \$3 for children, \$5 for adults for a guided cruise. Take Interstate 25 south to exit 98B, head west to Union, then south on Union to the bridge. Parking lots are available.

Six Flags

Six Flags Elitch Gardens in Denver is open weekends in May. Admission is \$32.99 for adults and \$16.49 for anyone under 48 inches, or check with Information, Tickets and Registration for discounted tickets at \$19.50 for adults. The water park doesn't open until May 19. The park is in downtown Denver, near the Pepsi Center and Mile High Stadium off Interstate 25.

Symphony

The Colorado Springs Symphony is in concert May 18, 19 and 20 at the Pikes Peak Center, 190 S. Cascade; call 520-7469 for tickets. Performances are at 8 p.m. Friday and Saturday and 2:30 p.m. Sunday.

Children's Theater

"Jack and the Beanstalk" is in the Fine Arts Center, 30 W. Dale St., June 12 through 16. Tickets are \$3 at 634-5583.

Fly-in

Celebrating Armed Forces Weekend, dozens of World War II airplanes will be displayed, along with modern fighter plans and experimental aircraft at the former Colorado Springs Airport. "In Their Honor Fly-In" will be May 19 and 20, from 10 a.m. to 6 p.m. each day. Admission is \$3 for adults, \$2 for children under 12 years old.

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Happenings

MOUNTAINEER
May 4, 2001 **B7**

Pvt. Murphy

by Mark Baker



Program Schedule for Fort Carson cable Channel 10, today to May 11.

Mountain Post Magazine: Stories on and about Fort Carson soldiers, civilians and family members. Following MPM, a short videotape from the Installation Chaplain's Office will air in preparation for the National Day of Prayer. The program airs at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and midnight.

Army Newswatch: includes stories on the Federal Librarian of the Year, the Army Bowling Champion and Earth Day 2001 (repeat). The program airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Air Force News: includes stories on training F-16 pilots, helicopter crash in Vietnam and computer security threats. The program airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Navy/Marine Corps News: includes stories on WAVES National, the USS Philippine Sea and laser eye surgery (repeat). The program airs at 8:30 a.m.,

1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Douglas Rule at 526-1241 or via e-mail at:

Douglas.Rule@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have story ideas for Mountain Post Magazine, contact Richard Bridges or 1st Lt. Nadia Calderolli at 526-1265, 1253 or 2941, or e-mail Richard.Bridges@carson.army.mil or Nadia.Calderolli@carson.army.mil.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913 or fax it to 526-1021 no later than the Friday before airing time.

Mountain Post Magazine is shown on Adelphia cable channel 13 or WANT-TV 103 on Monday at 2:15 p.m., Thursday at 4:15 p.m. and Saturday at 10:15 a.m.

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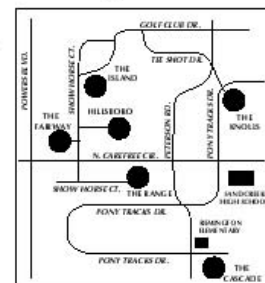
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